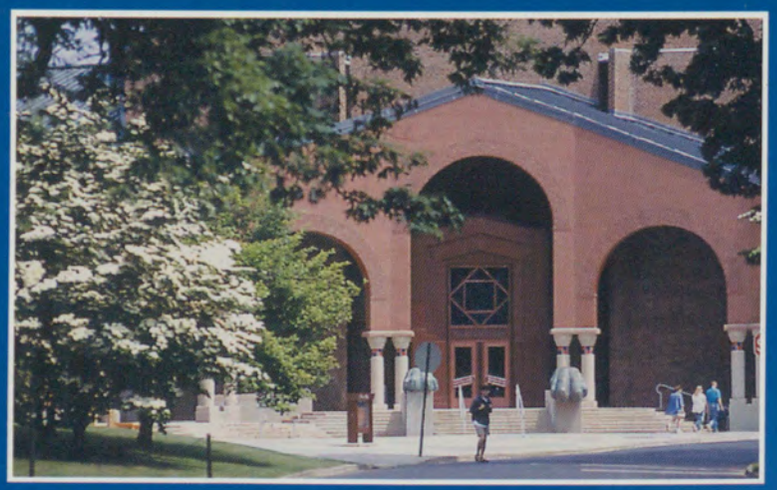
PennStat

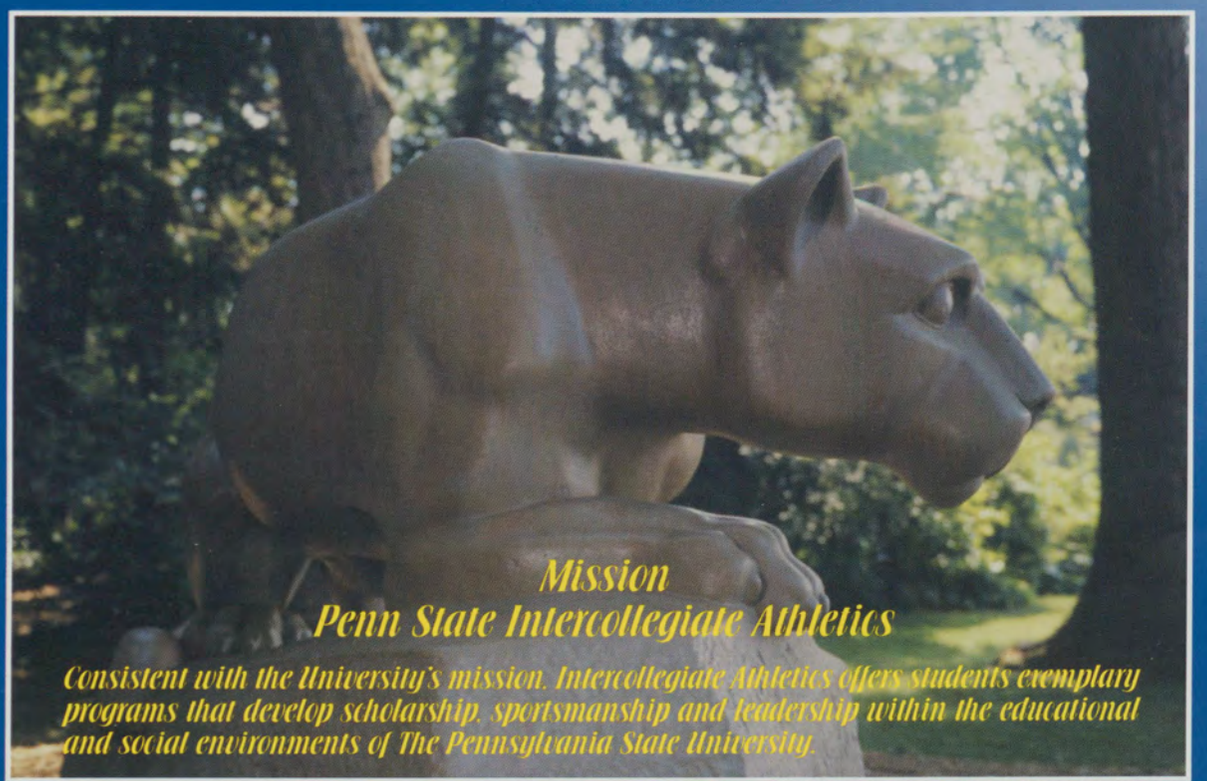
Nittany Lion Volleyball

1997



Penn State is the ideal setting for any Hollywood director doing a film on college life."

— CBS 60 Minutes



Mission
Penn State Intercollegiate Athletics

Consistent with the University's mission, Intercollegiate Athletics offers students exemplary programs that develop scholarship, sportsmanship and leadership within the educational and social environments of The Pennsylvania State University.

1997 SCHEDULE

Date		Day	Opponent	Time
			State Farm/NACWAA Classic at Stanford	
Aug.	22	Friday	BYU	5:00 p.m.
Aug.	23	Saturday	Stanford/Texas A & M	5:00/7:00 p.m.
Aug.	29	Friday	DUQUESNE	7:30 p.m.
			Connecticut Invitational	
Sept.	6	Saturday	Connecticut	7:30 p.m.
Sept.	7	Sunday	Missouri	10:00 a.m.
Sept.	7	Sunday	Stanford	7:30 p.m.
			Penn State Classic	
Sept.	12	Friday	WEST VIRGINIA	8:00 p.m.
Sept.	13	Saturday	UNC-ASHVILLE	10:00 a.m.
Sept.	13	Saturday	MASSACHUSETTS	7:30 p.m.
			Big Ten/Big 12 Challenge at Wisconsin	
Sept.	19	Friday	Nebraska	5:00 p.m.
Sept.	20	Saturday	Texas	5:00 p.m.
Sept.	26	Friday	at Ohio State*	7:30 p.m.
Sept.	27	Saturday	at Purdue*	7:30 p.m.
Oct.	3	Friday	ILLINOIS*	7:30 p.m.
Oct.	4	Saturday	WISCONSIN*	7:30 p.m.
Oct.	10	Friday	IOWA*	7:30 p.m.
Oct.	11	Saturday	MINNESOTA*	7:30 p.m.
Oct.	17	Friday	at Michigan*	7:00 p.m.
Oct.	18	Saturday	at Northwestern*	7:30 p.m.
Oct.	22	Wednesday	at Indiana*	7:30 p.m.
Oct.	25	Saturday	MICHIGAN STATE*	7:30 p.m.
Oct.	31	Friday	at Wisconsin*	7:30 p.m.
Nov.	1	Saturday	at Illinois*	7:30 p.m.
Nov.	7	Friday	at Minnesota*	7:00 p.m.
Nov.	8	Saturday	at Iowa*	7:00 p.m.
Nov.	14	Friday	PURDUE*	7:30 p.m.
Nov.	15	Saturday	OHIO STATE*	7:30 p.m.
Nov.	21	Friday	NORTHWESTERN*	7:30 p.m.
Nov.	22	Saturday	MICHIGAN*	7:30 p.m.
Nov.	26	Wednesday	INDIANA*	7:30 p.m.
Nov.	28	Friday	at Michigan State*	7:30 p.m.
			NCAA Championship	
Dec.	3	Wednesday	First Round	
Dec.	5-7	Fri.-Sun.	Second Round	
Dec.	12-14	Fri.-Sun.	Regionals	
Dec.	18-20	Thur.-Sat.	Final Four at Washington State	

** Denotes Big Ten games.*
All times local to site. *Home games in* **BOLD CAPS.**

Visit the official Intercollegiate Athletics web site: http://www.psu.edu (click on sports).

Statement of Nondiscrimination

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. The Pennsylvania State University does not discriminate against any person because of age, ancestry, color, disability or handicap, national origin, race, religious creed, sex, sexual orientation, or veteran status. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Director, The Pennsylvania State University, 201 Willard Building, University Park, PA 16802-2801; tel. (814) 863-0471; TDD (814) 865-3175.

PennState

1997 WOMEN'S VOLLEYBALL YEARBOOK

SPORTS INFORMATION CONTACT:
ALAN ASHBY
101-D Bryce Jordan Center
University Park, Pa. 16802

Office Telephone: (814) 865-1757
Fax Telephone: (814) 863-3165
Press Row: (814) 865-2388
Home Telephone: (814) 861-2890

The Penn State Women's Volleyball Yearbook was compiled, designed & edited by Alan Ashby (QuarkXPress desktop publishing). Jeff Nelson, Executive Editor. Special thanks to Suzy Futterman and Shirley Irvin. Photos courtesy of University Photo/Graphics and Steve Manuel. Printed by University Printing Services, University Park, Pa. Copies available to the public for $4 each. U.Ed. #ICA-98-5.

QUICK FACTS

Location: University Park, Pa.
Founded: 1855
University Park Undergraduate Enrollment: 33,162
Conference: Big Ten
Colors: Blue & White
Nickname: Nittany Lions
Home Court: Rec Hall (6,846)
Athletic Director: Tim Curley
Associate Athletic Director (Women's Sports): Ellen Perry
Assistant Athletic Director (Women's Sports): Susan Delaney-Scheetz
Head Coach: Russ Rose, (George Williams, 1975)
Rose's Penn State Record: 586-117 (18 years)
Assistant Coaches: Erin Tomblin, Mike Schall
Office Telephone: (814) 863-7474
Starters Returning/Lost: 5/1
Letterwinners Returning/Lost: 12/5
Newcomers: 5
1996 Record: 31-3, 18-2 Big Ten (T1st)
Co-Captains: Tomuke Ebuwei & Terri Zemaitis
Cover: Returning All-Americans Bonnie Bremner (3) and Terri Zemaitis (5)

NITTANY LION ROSTER

1997 Alphabetical Roster

No.	Name	Class-Elig.	Pos.	Ht.	High School/Hometown
8	Lindsay Anderson**	Sr.-Jr.	OPP	6-0	Crystal Lake Central/Crystal Lake, Ill.
3	Bonnie Bremner*	So.-So.	S	5-9	St. Francis/Lisle, Ill.
14	Jen Burdis**	Sr.-Sr.	BR	5-2	Blue Mountain/Orwigsburg, Pa.
2	Lauren Cacciamani*	So.-So.	MH	6-2	Paramus/Paramus, N.J.
11	Christy Cochran**	Jr.-Jr.	OH	5-10	Bethlehem Catholic/Bethlehem, Pa.
16	Tomuke Ebuwei**	Sr.-Jr.	BR	5-7	Elizabeth Seton/Ft. Washington, Md.
6	Nadia Edwards	Fr.-Fr.	MH	6-0	Lincoln-Way/Frankfort, Ill.
4	Nikki Higley**	Jr.-Jr.	OH	6-0	North Branch/North Branch, Minn.
13	Laura Hoff	Fr.-Fr.	OPP	6-5	Quince Orchard/Gaithersburg, Md.
17	Kalna Miller	So.-Fr.	BR	5-7	Mt. Lebanon/Pittsburgh, Pa.
9	Solena Quick	Fr.-Fr.	S	5-6	Minisink Valley/Middletown, N.Y.
18	Leilani Schlottfeldt	Fr.-Fr.	BR	5-10	Colegio Modelo/Brasilia, Brazil
7	Carrie Schonveld*	So.-So.	OH	6-0	Portage Central/Portage, Mich.
10	Katie Schumacher	Fr.-Fr.	MH/OH	6-2	Mother McAuley/Chicago, Ill.
1	Emily Stout**	Jr.-Jr.	OPP/MH	6-1	Seymour/Seymour, Ind.
15	Amanda Thomas*	Jr.-So.	BR	5-4	Huntingdon Area/Huntingdon, Pa.
12	Teri Wroblewski***	Sr.-Sr.	OH	5-10	Pius XI/Milwaukee, Wis.
5	Terri Zemaitis***	Sr.-Sr.	MH	6-2	Downers Grove South/Downers Grove, Ill.

Head Coach: Russ Rose
Assistant Coaches: Erin Tomblin & Mike Schall
** Letters won.*

1997 Numerical Roster

No.	Name	Class-Elig.	Pos.	Ht.	High School/Hometown
1	Emily Stout**	Jr.-Jr.	OPP/MH	6-1	Seymour/Seymour, Ind.
2	Lauren Cacciamani*	So.-So.	MH	6-2	Paramus/Paramus, N.J.
3	Bonnie Bremner*	So.-So.	S	5-9	St. Francis/Lisle, Ill.
4	Nikki Higley**	Jr.-Jr.	OH	6-0	North Branch/North Branch, Minn.
5	Terri Zemaitis***	Sr.-Sr.	MH	6-2	Downers Grove South/Downers Grove, Ill.
6	Nadia Edwards	Fr.-Fr.	MH	6-0	Lincoln-Way/Frankfort, Ill.
7	Carrie Schonveld*	So.-So.	OH	6-0	Portage Central/Portage, Mich.
8	Lindsay Anderson**	Sr.-Jr.	OPP	6-0	Crystal Lake Central/Crystal Lake, Ill.
9	Laura Hoff	Fr.-Fr.	OPP	6-5	Quince Orchard/Gaithersburg, Md.
10	Katie Schumacher	Fr.-Fr.	MH/OH	6-2	Mother McAuley/Chicago, Ill.
11	Christy Cochran**	Jr.-Jr.	OH	5-10	Bethlehem Catholic/Bethlehem, Pa.
12	Teri Wroblewski***	Sr.-Sr.	OH	5-10	Pius XI/Milwaukee, Wis.
13	Solena Quick	Fr.-Fr.	S	5-6	Minisink Valley/Middletown, N.Y.
14	Jen Burdis**	Sr.-Sr.	BR	5-2	Blue Mountain/Orwigsburg, Pa.
15	Amanda Thomas*	Jr.-So.	BR	5-4	Huntingdon Area/Huntingdon, Pa.
16	Tomuke Ebuwei**	Sr.-Jr.	BR	5-7	Elizabeth Seton/Ft. Washington, Md.
17	Kalna Miller	So.-Fr.	BR	5-7	Mt. Lebanon/Pittsburgh, Pa.
18	Leilani Schlottfeldt	Fr.-Fr.	BR	5-10	Colegio Modelo/Brasilia, Brazil

**Letters won.*

Pronunciation Guide

Lauren Cacciamani	KA-chee-a-MA-nee	Christy Cochran	COCK-run
Tomuke Ebuwei	ta-MU-key ah-BOO-e	Kalna Miller	CAL-na
Leilani Schlottfeldt	LAY-la-nee	Carrie Schonveld	SHOWN-veld
Katie Schumacher	shoo-MA-kur	Teri Wroblewski	row-bless-ski
Terri Zemaitis	ZA-mite-us		

Table of Contents

Schedule 1
Roster 2
Russ Rose 3-5
Assistant Coaches 6
Support Staff 7
Outlook 8-9
Co-Captains 10-11
Veterans 12-22
Newcomers 23-25
Big Ten Schedule 25
1996 Results 26
1996 Statistics 27
1996 in Review 28
Big Ten Conference 29
Postseason 30
1997 NCAA Bracket . . .31
1996 Rankings 31
Records 32-33
All-Americans 34-35
Honors & Awards . . .36-37
Series Records 38-39
Year-By-Year 40-41
Rec Hall 42
Booster Club 43
Penn State 44

HEAD COACH RUSS ROSE

1990 & 1993 *Volleyball Monthly* National Coach-of-the-Year
1990, '92, '93 & '94 NCAA Mideast Region Coach-of-the-Year
1992, '93 & '96 Big Ten Conference Coach-of-the-Year
1996 District II Coach-of-the-Year

Russ Rose directs the Penn State volleyball program with a quiet, yet reassuring, confidence that is the unmistakable life blood of one of the nations most successful programs.

It is a confidence not gleaned from the shine of numerous trophies and accolades bestowed upon the coach and the program, though no one would question if it was. In 18 seasons at Penn State, Rose has collected wins at a staggering pace. Never having posted less than 26 wins in a season, he is quickly approaching his 600th Penn State victory and has firmly entrenched the Nittany Lions among the elite programs in the nation.

Rose does not reflect on past successes. "People can get spoiled really quickly in athletics and that's a real problem," Rose said. "It's not easy to be successful and when people get accustomed to results it sometimes loses its effect on the players and they forget what it really takes to succeed."

Instead, Rose addresses each new team and season on its own terms and his confidence lies in the ability and work ethic of his current players and coaching staff.

"I'm never much of a believer in predicting a teams level of success," Rose said. "I can only state that we're going to do our best. If we're good enough to win some matches then we're going to win some matches, but if we lose it's not going to be because we didn't work hard and it's not going to be because we rested on our program's previous laurels."

Perhaps no where has Rose's infusion of confidence been more evident than in the last two years when he has led an inexperienced team with one starting senior and a rookie setter deep into the postseason.

In 1996, the Lions started out 15-0, before finishing the regular season with a 29-2 mark and a share of the Big Ten title, Rose's third in six seasons in the conference. The squad that took the court in the NCAA tournament was comprised of one senior, one junior, one sophomore and three freshman. That talented group came two points from knocking off Nebraska in Lincoln, in a match to go to the Final Four. Penn State finished the campaign with a 31-3 record, and a final ranking of No. 5. Half of those starters, Bonnie Bremner, Angie Kammer and Terri Zemaitis, earned All-America honors, while Bremner became Penn State's first Big Ten Freshman-of-the-Year for her play at setter.

The 1995 squad posted a 27-8 record and a No. 8 final national ranking. Rose's ability to convey a belief in his players and to instill an uncompromising work ethic lead to the Nittany Lions sixth straight appearance in the NCAA "Sweet 16" and a third place finish in the Big Ten. Along the way he guided Penn State's third Big Ten Player-of-the-Year in just five seasons in the conference as sophomore Zemaitis captured the award.

"I want the players to have a good experience — I want them to enjoy the many opportunities available at Penn State, but clearly I want them to know that they've come to a competitive, disciplined program and we're going to work hard," Rose said. "And have some fun along the way.

"We're not fanatics, and I want them to be happy. It's certainly easier to be happy when you're winning than when you're losing. So, we'll have to provide them with the necessary direction and opportunities and hope they remain healthy enough to see if we can make a run at winning as many matches as possible."

Something that has never been a problem for the coach. In his 18 seasons at Penn State, Rose's record is 586-117, an 83.4 winning percentage that ranks number two all-time nationally! (Behind only Don Shaw's .851 pct. at Stanford.) His squads have secured 30 or more wins in a season 13 times and 36 or more victories five times.

In 1994, Rose coached the Nittany Lions to a second-straight NCAA Final Four appearance and picked up his 500th win at Penn State early in the season. Placing second in the Big Ten with a 17-3 conference mark, the Nittany Lions posted a 31-4 ledger on the year and ended the regular-season ranked No. 5, their highest regular-season finish ever. Season highlights included beating national runner-up and perennial powerhouse UCLA at the *Volleyball Monthly* Invitational and stunning No. 1-ranked and undefeated Nebraska in Lincoln in front of a full house at the NCAA Mideast Regional final to once again reach the Final Four.

Rose's Penn State Record

Season	Record	Conference Finish	National Finish
1979	32-9	3rd, EAIAW	—
1980	34-11	1st, EAIAW	13th, AIAW
1981	44-5	1st, EAIAW	9th, NCAA Mideast Region Semifinal
1982	26-15	2nd, Atlantic 10	13th, NCAA First-Round
1983	36-10	1st, Atlantic 10	9th, NCAA Mideast Region Semifinal
1984	30-6	1st, Atlantic 10	9th, NCAA Mideast Region Semifinal
1985	31-5	1st, Atlantic 10	13th, NCAA First-Round
1986	38-5	1st, Atlantic 10	9th, NCAA Mideast Region Semifinal
1987	27-9	1st, Atlantic 10	17th (tie), NCAA First-Round
1988	36-4	1st, Atlantic 10	17th (tie), NCAA First-Round
1989	34-7	1st, Atlantic 10	17th (tie), NCAA First-Round
1990	44-1	1st, Atlantic 10	5th (tie), NCAA Mideast Region Final
1991	26-6	2nd (tie), Big Ten	9th (tie), NCAA Mideast Region Semifinal
1992	28-4	1st (tie), Big Ten	9th (tie), NCAA Mideast Region Semifinal
1993	31-5	1st, Big Ten	2nd, NCAA Championship Final
1994	31-4	2nd, Big Ten	3rd (tie), NCAA Championship Semifinal
1995	27-8	3rd, Big Ten	8th NCAA Central Region Semifinal
1996	31-3	1st (tie), Big Ten	5th (tie) NCAA East Region Final

Penn State Record: 586-117, 18 seasons, 83.4 winning percentage.
Big Ten Record: 101-19, 6 seasons, 84.2 winning percentage.

THE RUSS ROSE PHILOSOPHY

Rose's Career Highlights

- 1990 & 1993 *Volleyball Monthly* Division I National Coach-of-the-Year
- 1990 AVCA National Coach-of-the-Year
- 1996 District II Coach-of-the-Year
- 1990, 1992, 1993 & 1994 Mideast Region Coach-of-the-Year
- Four-time NCAA Northeast Region Coach-of-the-Year
- 1992, 1993 & 1996 Big Ten Conference Coach-of-the-Year
- Six-time Atlantic 10 Conference Coach-of-the-Year
- Ranks number two all-time in winning percentage (83.4)
- Has led Penn State to 16 consecutive NCAA Tournaments
- Seven straight appearances in NCAA Regional action
- Coached Penn State to the 1993 Big Ten title
- Steered the Nittany Lions to a share of the 1992 & 1996 Big Ten titles
- Directed Nittany Lion teams to eight straight Atlantic 10 Championships
- Never lost an Atlantic 10 regular-season match (49-0)
- Selected to coach U.S. National teams in international competition numerous times
- At least one of his players has earned All-America honors 17 of his 18 seasons
- Boasts 37 Academic All-Big Ten selections in only six conference seasons
- 11 players earning conference "Most Valuable Player" honors in the last 14 years.

The Rose Family

The Rose Coaching Philosophy

Russ Rose has taken Penn State from the regionally competitive level to that of a perennial National Collegiate Athletic Association Tournament team since he took over the Penn State women's volleyball program in 1979.

The development has been complete and successful, because of excellent talent and an equally sound method.

Following is "The Rose Coaching Philosophy:"

Coach's Role

"I believe the coach has numerous roles that require constant review and attention.

"First, and foremost, is the recruitment of quality student-athletes. With effective coaching, student-athletes become the real key to a team's success.

"Secondly, we as a staff have to relate to the players what we feel is important for their growth and success. All the knowledge in the world will prove to be useless if we can't prepare our team for competition. We've shown this to be one of our strengths.

"Third, we have to prepare the team both physically and mentally. The physical preparation is easy, as the entire Penn State environment encourages the pursuit of excellence. The mental aspect of our players' development is one of the areas that I feel has separated us from our competition.

"Through our admission to the Big Ten Conference, our administration has continually made the commitment for us to play the best teams available. We compete before some of the largest crowds in the country as the Big Ten has led the nation in attendance six of the last seven seasons.

"Outside the Big Ten, we play a competitive non-conference schedule. We continually strive to meet teams during the regular-season that have advanced in the national championship playoffs.

"I contend that the best way to see where our team is and where we aspire to be, is to play the nation's best teams. Our administration has allowed us to truly compete for the national championship."

Fundamentals

"I am convinced that you need to have good, sound fundamentals if you hope to be competitive. The success of any team is based on an athlete's commitment to their fundamentals. I will never sacrifice the time necessary to develop a strong foundation. This is where a team's discipline and confidence is first introduced and developed. Our commitment to each team is for every one of our players to be challenged to become the best they can be every day."

Team Play

"In my opinion, volleyball is the ultimate team sport. You must communicate and sacrifice to be successful. All the players must possess a wide variety of skills and be willing and able to play together. My approach is to select the best combination of players who will play together and at the same time seek to fulfill their own roles and goals.

"The team that is willing to emphasize the pursuit of excellence at its own personal expense is the team that most often succeeds. Our success over the last few seasons, where we have won our conference and advanced to the national semifinal and championship matches, continues to reinforce those beliefs."

Team Defense

"Team defense is one of the aspects of coaching that I really enjoy. The pursuit of the ball in a game can only occur through preparation and repetition. I believe that everyone in the program has to rally around certain concepts. At Penn State, we play hard, controlled defense, which means every player pursues every ball or they are taken out. I believe if you train hard, then the game itself begins to be easy. Our defensive philosophy is to keep every ball in play — every day of each season. I believe we have shown this works over the long haul as well."

Rose added to an already crowded trophy case by picking up the NCAA Mideast Region Coach-of-the-Year honor for the fourth time.

Still, Rose has had more to do with Penn State's success on the court than he's willing to admit.

"I think that it's a reflection of my years of service and the caliber of players and staff we've attracted in the past," Rose said. "When you retire from coaching, people will look and see the success you had, but I'd like to be evaluated on the success of my players, their feel for their experience they had at Penn State and the growth that the program has had since the time I came here. We had three in state scholarships and hand-me-down basketball jerseys when I started at Penn State. I think that's more of a reflection of what I was hoping to accomplish when I entered the profession."

Yet, the on the court accomplishments do speak volumes. In 1993, another dream season, the Nittany Lions surged into their third year of Big Ten play and won their second consecutive conference title. At the NCAA Tournament, the team strung together four victories and earned the right to play for the National Championship against Long Beach State. Rose puts the success in proper perspective.

"There's a large number of excellent coaches at great schools that have yet to break into the Final Four. There's a small number of teams that have made it to the Final Four and fewer have gotten to the final match. I won't look at it (reaching the final match) other than it was a great ride that the players took us on and it reinforced that there's validity on how I've run the program here at Penn State.

"The players need to understand what it takes to be successful and they need to have fun. We showed that winning can be fun and that it isn't necessary to change in a stressful environment."

Rose's formula for success was recognized by the media and his coaching peers when he garnered the triple-crown of coaching accolades in 1993 as he did in 1990. *Volleyball Monthly* named

The Rose Coaching Philosophy (cont.)

STUDENT-ATHLETE

"The term student-athlete is a very valid one here at Penn State and in the Big Ten. We recruit not only quality athletes, but quality students as well. There is no question in my mind that the well-rounded individual will be better prepared to deal with the numerous challenges faced in life. The programs available at Penn State are geared for success. The opportunity to pursue your potential, both academically and athletically, is in place and working well at Penn State.

"I expect a commitment both to academics and athletics. I take great pride in the fact that every young woman who has entered our program and completed her playing eligibility has received or is on target to receive her degree. Rankings of the 29 athletic programs on campus reveal that the women's volleyball team annually posts one of the highest cumulative grade-point averages. With proper emphasis on the importance of maintaining high academic standards, I know we will achieve continual success."

PENN STATE UNIVERSITY

"I am very optimistic on the future of Penn State women's volleyball and don't think there is any place in the country I'd rather be. The community has supported us during our development and the university's commitment is to be the best in everything it offers, from academics to athletics."

THE BIG TEN CONFERENCE

"The Big Ten is certainly one of the premier athletic conferences in the nation. It is a conference which is fully committed to the pursuit of excellence. The opportunity to play in the Big Ten truly enhances our program. The excitement generated by the athletes and fans at matches is great for the sport. It's a great environment in which to compete."

Rose the National Coach-of-the-Year and he also was picked as the NCAA Mideast Region and the Big Ten Conference Coach-of-the-Year.

It was the second time Rose was honored nationally (1990), and the second-straight year the Big Ten voted for the Nittany Lion leader. In addition, he has been awarded Northeast Region Coach-of-the-Year four times, the Atlantic 10 Conference Coach-of-the-Year six times and was District II's top coach in 1996.

"Coach is a great guy," confided three time All-American Salima Davidson, who currently is the starting setter on the U.S. National Team. "He's very straight-forward and to the point, which is what I like. The thing about him is that you can talk to him and he can help you with any problems you might have. Then, on the court, he's all business. I like that combination."

So does former Nittany Lion outside hitter and former volunteer assistant coach Jen Reimers. "You learn how to be a better person and a better player," she said about Rose's teaching ability. "You learn how to work with everybody else."

"I like the fact that he comes out and tells you exactly how it is," said Penn State All-American Laura Cook (1991-94). "He bases a lot of our experience on the court to life and life after volleyball."

Many athletes have thrived under Rose's tutelage as witnessed by the 12 All-Americans (26 selections in all) and 11 All-Big Ten players (17 selections in all) he has coached. Last year Bonnie Bremner, Penn State's first-ever Big Ten Freshman-of-the-Year, Lauren Cacciamani and Angie Kammer joined the All-Big Ten list, while Terri Zemaitis, the 1995 Big Ten Player-of-the-Year, garnered her second selection.

Penn State also placed five players on the Academic All-Big Ten Team in 1996, as Cara Armstrong, Jen Burdis, Christy Cochran, Heidi Rottinghaus and Teri Wroblewski were honored, running the total number of Nittany Lions selected in six years to 24 (37 selections in all).

Prior to entering the tough Big Ten conference in 1991, Penn State experienced unprecedented success in the Atlantic 10 Conference, winning eight straight championships. In seven seasons of round-robin play, the Nittany Lions never lost a conference match, reeling off 49 consecutive wins. The 1990 season was Penn State's last in the Atlantic 10 and it proved to be one of the most exciting in the 18-year history of the program.

Unbeaten in 42 regular-season matches, the Nittany Lions swept Purdue and Big Ten champion Wisconsin in the first two rounds of the NCAA Tournament. Of the team's 44 wins, 40 were sweeps, a school and national record. Penn State, 12-0 against NCAA Tournament teams, lost to Nebraska in four games in the Mideast Region championship match in Lincoln.

Penn State finished sixth in the final 1990 Tachikara Coaches Poll, the program's highest final ranking ever to that point.

Three Nittany Lions — JoAnn Elwell, Michelle Jaworski and Noelle Zientara — were named All-Americans by the AVCA and *Volleyball Monthly*.

A nine-time nominee for national Coach-of-the-Year, Rose garnered the Atlantic 10 Coach-of-the-Year award in 1984, 85, 87, 88, 89 and 90.

Throughout his career, Rose has been called upon to share his expertise with the coaches and players who represent the United States in international competition. In 1989, he was an assistant coach with the United States men's national team for an exhibition series with Canada and the Soviet Union. His work on the international scene was to have continued in July of that year, but personal commitments and time constraints prevented him from accepting the position as head coach of the U.S. women's team to the Maccabiah Games.

In 1990, Rose worked with members of the men's national and developmental teams during training camp in San Diego. In 1993, he assisted in the U.S. men's matches with Canada and the women's against China.

A former instructor in the USVBA coaches certification program, Rose has served as a national referee and evaluator and state director for volleyball for the Special Olympics.

Rose was a member of the NCAA Division I Volleyball Committee for six years and the NCAA representative to the United States Volleyball Association Rules Committee.

Rose served as head coach of the U.S. men's team, which won the bronze medal at the 1985 Maccabiah Games, and the U.S. women's silver medal team in the 1981 Maccabiah Games. He won bronze medals as an assistant coach of the women's team in the 1982 National Sports Festival and as the East women's head coach at the 1983 Festival.

An active clinician, Rose coached professional men's volleyball in Puerto Rico in 1976.

Players are not the only ones to benefit from Rose's tutelage. Two of Penn State's former assistant coaches — Cindy Harris and Karin Wallenstein — have gone on to head coaching positions. Nearly 20 individuals within the college coaching fraternity have gained instruction from Rose.

A 1975 graduate of George Williams College, Rose was a member of the school's team that won the 1974 National Association for Intercollegiate Athletics national championship. He was the captain of the 1975 team that finished third in NAIA competition.

After graduation, Rose remained at George Williams for two years as a part-time coach, helping the women's team win two state titles and place sixth in national competition. He also assisted the men's team that won another national championship in 1977.

In 1978, he completed his master's degree at Nebraska, where he was the defensive coach for the Cornhusker women. While writing his thesis on volleyball statistics, he led the second team to a two-year varsity mark of 52-5.

In 1986, Rose married Lori Barberich, a former three-time All-American at Penn State. They are the parents of four sons, Jonathan, Michael, Christopher and Nicholas.

THE COACHING STAFF

Erin Tomblin ASSISTANT COACH

Entering her fifth season as a Penn State assistant, Tomblin has been a part of the most successful era in Penn State volleyball history. In her first season, 1993, Penn State made its first ever NCAA Final Four appearance and then proceeded to repeat the accomplishment the next year.

"I think maybe Erin's been our lucky charm," grinned head coach Russ Rose. "Maybe we needed somebody new to give us that championship taste."

Her teaching abilities and contributions towards continuing Penn State's distinguished history have not gone unnoticed by Rose.

"I think Erin deserves a great deal of the credit with the development of our setters," said Rose. "As a player, Erin was a good setter and was instrumental in developing game plans and executing them. I think she understands the game very well and her selection to coach with the USA Junior National team for two years attests to her bright coaching future."

Tomblin brings a distinctive West Coast flair to the Nittnay Lion program. As an undergraduate at San Diego State, Tomblin served as team captain and was voted Most Valuable Player in 1989. Before transferring to San Diego State, she competed for two years at United States International University. In addition, she was a member of the Asics Tiger Junior Volleyball Club for six years and was selected the Most Valuable Player at the Junior National Tournament in 1985, when her team won the title.

After earning a bachelor's degree in liberal studies, Tomblin coached at the University of San Diego from 1990-92. Before accepting the post at Penn State, she served as an assistant coach at Cal State-Northridge.

Tomblin, who holds a master's degree in human behavior from National University in San Diego, also was on the coaching staff of the San Diego Volleyball Club from 1990-92.

Tomblin boasts considerable experience in the areas of recruiting, scheduling, budget preparation, planning and coordination of practices, fund raising, and the development of weightlifting and conditioning programs.

Tomblin is engaged to current men's basketball assistant coach Christian Appleman. The two plan to marry in 1998.

Michael Schall ASSISTANT COACH

Now in his seventh season as a Penn State assistant, Michael Schall is the most veteran member of Penn State's women's volleyball coaching staff other than Head Coach Russ Rose.

Schall earned four letters as a defensive specialist on the Nittany Lion volleyball team. A two-year co-captain, Schall also displayed longevity as a player as he played in every Penn State match during his four year career.

Schall brings the experience of a proven winner as he was a member of three EIVA championship teams and advanced to the NCAA Final Four three times.

Schall, a native of Latrobe, Pa., earned his degree in the teaching option of the exercise and sport science curriculum. He is the second generation of Schall's to enter the volleyball coaching profession as he played for his father, Richard, at Derry Area High School.

"Mike is clearly a major contributor to the success of our program," noted coach Russ Rose.

"He fills in the gaps and covers up some of the weakness that I have, so we compliment each other quite well. Mike's also a tremendous opponent to play against when we are preparing for an opposing team. He is very enthusiastic and loyal to Penn State volleyball, and will be a great head coach."

Schall is engaged to Sarah Curtis, with the wedding date set for May 30, 1998.

Student Assistants

Claudette Otero was a four-year letterwinner for the Lions from 1993-96. A back row specialist, she finished her career with 357 digs and 41 aces. In addition, Otero was a tri-captain in 1996.

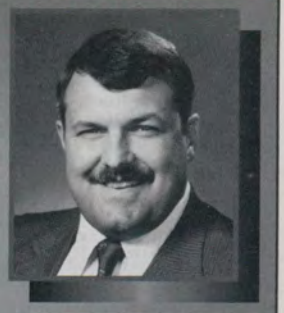
Heidi Rottinghaus, also a 1996 tri-captain, finished her career with 1,007 digs and 348 kills. She led the Big Ten in 1995 with 4.20 digs per game. Rottinghaus was also a two-time Academic All-Big Ten pick.

Women's Volleyball Support Staff

Cindy Breon
Staff Assistant

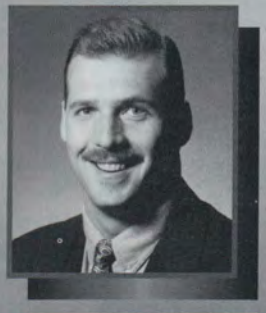
Kris Clark
Nutritionist

Chip Harrison
Strength Training Specialist

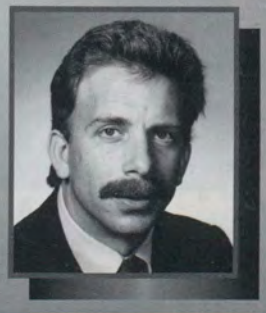


Dr. William Kraemer
Director of Research
Center for Sports Medicine

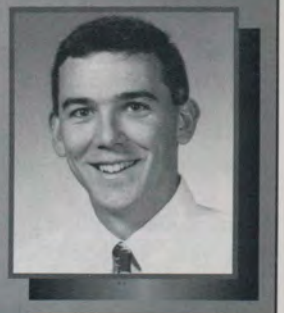
Dr. Wayne Stokes
Team Physician



Jim Weaver
Academic Counselor

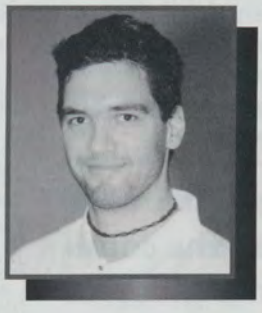


Dr. David Yukelson
Sports Psychologist



Alan Ashby
Sports Information

Adam Jarrett *Team Manager*



Adam Jarrett joins the Penn State volleyball family in 1997 as a team manager.

A 1995 graduate of State College H.S., Jarrett is an incoming freshman at Penn State this semester, with plans to major in psychology.

He was a four year starter at outside hitter for the Little Lions boys volleyball team, earning All-State honors in 1995.

His father is a professor in the Agricultural Engineering department here at Penn State.

Big Ten Advisory Commission

Long a leader in innovative practices and policies beneficial to intercollegiate athletics, the Big Ten Conference has been at the forefront in addressing and investigating the problems and concerns of minority student-athletes.

The Big Ten Advisory Commission, formed almost 20 years ago, represents a positive approach to achieving the Big Ten's goal of providing quality and equal education for all of its student-athletes. The Commission consists of 11 former African-American alumnae and alumni from each member University. Each individual represented their institution in athletics and now are prominent professionals in their chosen fields.

John Greene, who was appointed in 1996 as an assistant to Athletic Director Tim Curley and is also a financial consultant for Merril Lynch, is the Penn State representative on the Advisory Council. A former Penn State football captain and a member of the 1986 National Championship team, Greene succeeded Bob White, who was a member of the Nittany Lions' 1982 and 1986 national championship football teams.

THE OUTLOOK

Veteran Squad Has Sights Set On Final Four

Months after the roar from the crowd had subsided, the players had left the court and all the tears had dried up, Russ Rose stopped to reflect.

"I thought it was the best NCAA playoff match I have witnessed in my 22 years of coaching," he said about the draining five-game loss at Nebraska last year in the East Region Finals. "I think this team let a great opportunity slip through its hands. I hope there are enough returning players that recognize exactly how close they were to returning to the Final Four."

Talk about understatements. Mentioning "enough returning players" is akin to saying it might snow this winter in Happy Valley. Try returning five starters, two All-Americans, three All-Big Ten picks and 12 letterwinners.

The other schools in the conference have taken notice as well. In the preseason Big Ten coaches poll, Penn State was a unanimous selection to take the title again this year. In addition, Bonnie Bremner, Lauren Cacciamani and Terri Zemaitis were unanimous selections to the preseason All-Big Ten team.

While high expectations and preseason polls are great, the only stat that really counts is what takes place on the court.

"Last year was a very surprising year from my standpoint," noted coach Rose. "I had no idea that we would be starting three freshman for the bulk of the season. But I also think that we had the luxury last year of having great leadership from our four seniors."

With so much experience coming back in 1997, the coaching staff bulked up the non-conference schedule.

"I'm sure that ours is one of the toughest schedules in the country," asserted Rose. "It gives us the opportunity to test ourselves early against some of the top teams in the nation."

Before the Big Ten schedule gets going, the Nittany Lions will have already played defending national champion Stanford, in addition to BYU, Texas, Nebraska and possibly Texas A & M. All five schools won at least one NCAA tournament match last season (three played in a region final) and finished ranked in the top 20.

"I think being selected to play in the State Farm/NACWAA Classic, which is clearly the most prestigious women's volleyball tournament in the country, is a great reflection of where the program is nationally," Rose said.

The tough non-conference slate could be the perfect preparation for what will undoubtedly be a demanding Big Ten schedule.

Junior Christy Cochran, who played a major role at right side last year, could see action at outside hitter in 1997.

"The teams that finish towards the lower end [of the Big Ten] continue to get much stronger, which in turn makes the team that ends up winning the conference that much better. To me every team in the Big Ten can beat you at home," stated Rose. "However, as I've told other people, you can finish fourth in the Big Ten and still contend for the national championship.

"I'm sure that ours is one of the toughest schedules in the country," asserted Rose. "It gives us the opportunity to test ourselves early against some of the top teams in the nation."

"I certainly don't wish for that, but I also recognize that the NCAA tournament is just that — a tournament. If you can get hot at the right time, you can win it all."

Speaking of the NCAA tournament, there is a slightly different format in place this year. The brackets have been expanded to include 56 teams (up from 48 in 1996), with the first two rounds treated as a sub-regional to be played at one host school.

"I think it will be an interesting format," Rose noted. "I also think it will hurt attendance a little the first night, but it will make scouting easier and there will be more second round upsets due to the fact that the visiting teams will already be acclimated to the gym, with a NCAA win under their belts. Nothing makes you more confident than winning."

Unlike last season's squad, which relied heavily on the youth movement, the 1997 version of the Lions will boast a starting six with a lot of Big Ten and postseason experience under its belt.

Sophomore setter Bonnie Bremner, a second team All-American and the Big Ten Freshman-of-the-Year, is coming off the eighth highest assist total in Penn State history and will run the offense once again.

"Bonnie established herself as one of the top setters both in the conference and in the nation last year as a freshman," asserted Rose. "She made a significant contribution last season, and she still has room to get better.

"She's learning skills that will make her both a better blocker and defensive player. Overall, I think her control of the ball is exceptional and she has a good knowledge of the game.

"We hit 40 to 50 percentage points better than last year," Rose continued. "To me it was a direct correlation to Bonnie's impact on our team."

Of course it also helps when Bremner has arguably the best middle hitter tandem in the nation to poised to put away her sets. Senior All-American Terri Zemaitis and sophomore Lauren Cacciamani owned the net at times last year, and both have the ability to take over the match at any moment.

"Last year Terri was a first team All-American, yet I thought Lauren had a better season," Rose noted. "However, there will be no surprise factor with other teams.

"When we take the court we know the opposition is going to try and stop our middle attack. For that reason Lauren and Terri are going to have to be continually improving and working hard."

OUTLOOK CONTINUED

While the middle is set, the battle for time at outside hitter will probably be an ongoing one throughout the season, as the graduation of All-American Angie Kammer left a crucial opening.

"I think that with the loss of Angie, as well as of our other three seniors, our volleyball IQ went down significantly," Rose quipped. "As coaches, we have to be better at teaching the game so our players are more aware of what we've taken for granted in the past."

Sophomore Carrie Schonveld laid claim to one of the outside spots with her superb play at the end of the Big Ten season and during the NCAA tournament.

"Carrie clearly established herself as one of the front-runners at the outside hitting position, both as a great passer and blocker," said Rose.

Juniors Christy Cochran and Nikki Higley are the leading candidates to play opposite Schonveld.

"Christy had a breakthrough year last season at right side," explained Rose, "but she has the physical skills and dedication to make a great contribution, whether she's on the left or the right side. Nikki, on the other hand, was our starting offensive player in the spring until she was hurt. She has a good knowledge of the game and is aware of what it takes to be successful."

In addition to Cochran and Higley, senior Teri Wroblewski could also see playing time on the left side.

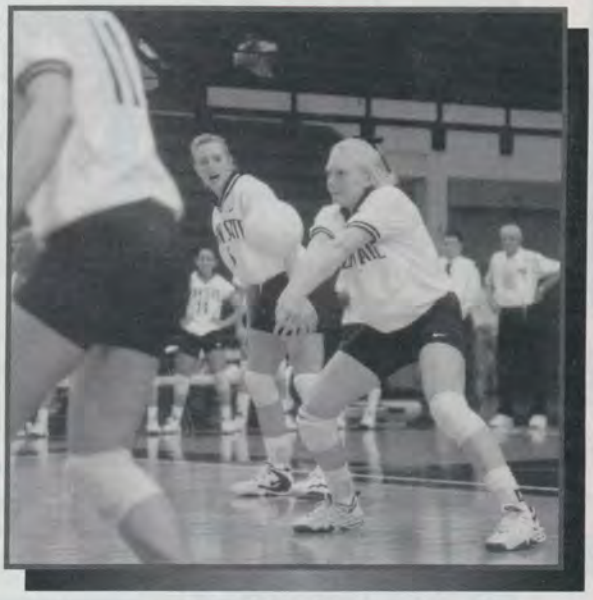
Opposite Bremner on the right side will either be junior Emily Stout or senior Lindsay Anderson.

"That was Emily's position last year, but she went through a tough year injury-wise," Rose stated. "I think she's a player that we need to have on the court to beat good teams.

"However, Lindsay, who redshirted last year, has days where she just dominates the Penn State volleyball team during practice. Unfortunately, due to injuries, she hasn't been able to do the same against our opponents."

While big offensive numbers grab most of the headlines, it is oftentimes the play of the unheralded back row defensive specialists that wins matches. This season Rose has a large stable of able bodies to chose from to come in and serve aggressively and play tough defense.

Seniors Jen Burdis, Tomuke Ebuwei and Wroblewski as well as sophomore Kalna Miller should see the bulk of the action, with junior Amanda Thomas' status still up in the air as she recovers from shoulder surgery.



Sophomore outside hitter Carrie Schonveld will be one of the primary passers as well as a top offensive weapon.

"Playing the back row is very hard to do," asserted Rose. "It's a relief pitcher's role…or serving as the field goal kicker.

"We've had some players make some great contributions through the years, and that's not to say last year's group didn't do well — they were fine. However we are still waiting for that one player to come in and electrify the crowd and provide that little spark that can make the difference in close matches," Rose continued.

"We lost three matches last year, by only a couple of points in the fifth game of each one. What you're looking for is a very fine line between winning those games and losing them."

"We lost three matches last year, by only a couple of points in the fifth game of each one. What you're looking for is a very fine line between winning those games and losing them."

One aspect of this year's squad that will cause Rose a little less gray hair will be the role of the incoming freshman. While no less talented, the five new Nittany Lions will not have to face the pressure of starting immediately like last year's class did.

The top two recruits, Nadia Edwards and Katie Schumacher, were both "Fab 50" selections and members of the USA Junior National Team. Both could see action this year at middle hitter, with Schumacher also getting a look at right side.

"I think it's safe to say that Katie and Nadia were two of the top prep players coming out of high school this year," said Rose. "When we look at what they're going to do, I think we know that they're going to be successful. We also know that we're fortunate that we don't need them to come in and play immediately and deal with the pressures of trying to take a program at the top and keep it at the top. They'll have that pressure in the next couple of years, trying to maintain our current position."

Also arriving in the Class of 2001 are Laura Hoff, Solena Quick and Leilani Schlottfeldt. At 6-5, Hoff will be an intimidating presence at right side. Quick, who takes after her last name, will see time in the back row and also be Bremner's understudy. Schlottfeldt, a native of Brazil, could see action at both outside hitter and in the back row.

Take all that talent, combine it with an exceptional coaching staff and a tough schedule, and thoughts of a national title run begin to emerge. However, Rose doesn't look at the season like that.

"My personal goals are to push the players, to make them understand that being a college athlete is a privilege, not a right, and that their opportunity and time frame for these moments are very small and they really need to grasp them.

"It's my goal to get them to understand these things early," continued Rose. "To get them to understand they should cherish and play the game with a passion and enjoy their opportunity.

"If I never win a national championship, I can still be extremely proud of the fact that come this time next year, I will have a 100 percent graduation rate in my 19 years at Penn State.

"However, if we're fortunate enough to win it all, then I'll be lighting up my Cuban cigar and start worrying about next year's team the following day as I've done for the last 20 years."

CO-CAPTAINS

Tomuke Ebuwei

Back Row

5-7 ◆ Senior

Ft. Washington, Md.

Season	K	E	TA	Pct.	Blks.	Digs	SA
1995	0	0	1	.000	0	27	1
1996	0	3	8	-.375	0	78	4
Total	**0**	**3**	**9**	**-.333**	**0**	**105**	**5**

A solid team player, Tomuke Ebuwei's never-say-die attitude earned her the role of co-captain this year. She brings experience, skilled ball handling and an aggressive jump serve to the Nittany Lion back row lineup.

1996 - Junior Season
Ebuwei saw action in 27 matches, despite a mid-season ankle injury and a case of the flu during the NCAA East Regional…recorded 1.30 digs over 60 games played…even ESPN analyst Chris Marlowe could hardly contain his excitement after watching Ebuwei make three amazing digs in a row in a crucial Big Ten win against No. 5 Michigan State (11/9)…the stand-out defensive specialist set a career-high with 13 digs against No. 8 Notre Dame (9/13).

1995 - Sophomore Season
Saw action in 19 matches and 23 games…played in 10 Big Ten matches…recorded 27 digs on the year including a season-high of six in the Lions win over Oregon State (9/9) at the Sunwest Bank Classic.

1994 - Freshman Season
Redshirt season.

High School
Ebuwei lettered in volleyball, basketball and lacrosse at Elizabeth Seton H.S. in the Washington, D.C. area…playing outside hitter, Ebuwei was named All-Metropolitan after the 1993 season when she guided the Seton Roadrunners to a third-place finish in the league…Ebuwei played two years for the USVBA Metro-Volleyball Club…a major contributor to the 1993 Roadrunners' league basketball title, Ebuwei was selected second-team all-county.

Personal
Full name is Tomuke Lucinda Ebuwei. Chosen to succeed two-time NCAA heavyweight wrestling champion Kerry McCoy as the president of the Student Advisory Board for the 1997-98 school year. Her father, Saunders, played for Nigeria's national soccer team. Born June 7, 1976 in Washington, D.C.

Quoting Coach Rose
"Very few players have demonstrated the leadership qualities and potential that Tomuke has shown in our program and here at the University. This fact is exemplified by her being selected the president of the Student Advisory Board and captain of her collegiate volleyball team as well. I think Tomuke plays the game with passion and is a person who keeps the team focused on their tasks and we're very fortunate that she's willing to do that. She cares so much about the team that she doesn't realize that she should be spending some time taking care of her own game."

Career High
Digs: 13 vs. Notre Dame, Sept. 13, 1996

CO-CAPTAINS

A dominating hitter and blocker, Terri Zemaitis returns for her final season in what has been an outstanding career at Penn State. Selected a captain for the second year in a row, Zemaitis could make a bid for national Player-of-the-Year honors from her middle hitter position. She starts the season only 169 kills away from second place all-time at Penn State.

1996 - JUNIOR SEASON
Zemaitis showed no let-down after being named the Big Ten Player-of-the-Year in 1995...named an AVCA First-Team All-American...one of four unanimous selections to the 1996 All-Big Ten team...named to the NCAA All-East Region team...recorded 19 kills, 10 digs and eight blocks in NCAA East Region final at Nebraska (12/14)...notched 20 kills and seven digs in the NCAA second round versus Georgia Tech (12/8)...equalled her career-high with 12 blocks at Iowa (11/23) and at No. 9 Wisconsin (9/28)...totalled a season-best 16 digs against Minnesota (11/30) and in Minneapolis (9/27)...chosen as the MVP of the Mizuno/USA Cup...named to the all-tournament teams at both the Penn State Invitational and at the Penn State Classic...named Big Ten Player-of-the-Week on Sept. 16...led the conference (3rd natioanlly) with 1.87 blocks per game...posted a season-high 31 kills versus No. 8 Notre Dame (9/13)...recorded 10 double-doubles on the year (kills & digs)...tallied double-figure kills in 29 of the 31 matches she played, reaching the 20-kill plateau seven times...also notched double-digit blocks on five occasions.

1995 - SOPHOMORE SEASON
Earned the Big Ten Player-of-the-Year award...the second-team AVCA All-American led the Lion offense with 580 kills (3rd in the Big Ten) and 1,319 attacks...her season attacks mark ranks second all-time at Penn State, while her kills placed her third...she led the conference in blocking with a 1.64 per game average and recorded 190 total blocks on the season...Zemaitis posted a career-high 39 kills in the Lions five-game win at Illinois (9/23), and also set a career-high with 12 blocks against Iowa (10/7)...she posted a season-high .545 (14-2-22) hitting percentage at Iowa (11/3) and earned Big Ten Player-of-the Week honors for the week of Nov. 13...she garnered MVP honors for the Penn State and Sunwest Bank Classics and the Penn State Invitational while also being named to the NACWAA Classic All-Tournament team...posted double-digit kills in 29 matches, recording more than 30 on three occasions...tied for fourth on the team with 299 digs, including a career-best 21 against Oregon State (9/9)...Zemaitis pulled off a massive triple-double with 39 kills, 20 digs and 11 blocks in the win at Illinois and grabbed another against Iowa (22 kills, 11 digs, 12 blocks).

1994 - FRESHMAN SEASON
Had an outstanding rookie season cut a game short with an unfortunate injury in the fourth game of the five-game loss to UCLA in the NCAA semifinal match when she twisted her knee...earned a starting role as she collected nine kills and nine digs in her collegiate debut against San Francisco...was named to the *Volleyball Monthly* All-Freshmen team...contributed in all 35 matches, recording 294 kills, 208 digs and 154 blocks...named to the all-tournament teams at the Penn State Classic and the Penn State Invitational...hit an eye-popping .846 against St. Bonaventure (9/17) with 11 kills in 13 attempts...really emerged during the postseason, hitting .419 against Ball State, .462 vs. Notre Dame and .483 vs. Nebraska, until the injury sidelined her midway through the match with the Bruins...notched 10 double-figure kills and three double-figure dig performances...earned an invitation to compete in the Olympic Festival the following summer.

HIGH SCHOOL
Zemaitis, a four-year starter and a three-year captain in volleyball and basketball at Downers Grove South H.S., was named the Chicago *Tribune* and March of Dimes Chicagoland Female Athlete-of-the-Year...as a middle hitter, Zemaitis was a *Volleyball Monthly* first-team All-American and a "Fab 50" selection in 1994...in addition to being a three-time all-stater, Zemaitis was all-conference every year and currently is the Illinois record-holder for kills...Zemaitis also participated in the Chicago North-East/West All-Star game...a power forward and center, Zemaitis was a *USA Today* basketball All-American and earned all-state recognition twice...a four-time all-conference and all-area player, she helped the hoops team to the "Elite 8" in 1994.

Terri Zemaitis
Middle Hitter
6-2 ◆ Senior
Downers Grove, Ill.

SEASON	K	E	TA	PCT.	BLKS.	DIGS	SA
1994	294	119	721	.243	154	208	10
1995	580	188	1319	.297	190	299	23
1996	535	169	1174	.312	207	239	13
TOTAL	**1409**	**476**	**3214**	**.290**	**551**	**746**	**46**

PERSONAL
Full name is Terriann Zemaitis. Her sister, Cheryl, played volleyball at Iowa (1986-88). Born April 28, 1976 in Chicago, Ill.

QUOTING COACH ROSE
"I think if we have a great season, Terri is a leading candidate for national player of the year, because everybody who we play is aware of what they have to do to try and stop her. Like us, when we play other teams that have great players, we know who they are, we're going to try to do some things to affect them, and I think Terri is one of those players that people try and do things with. I think she has the respect of her peers and the opposing coaches in the profession. She still needs to continue to work hard and practice hard. Her game is by nowhere done, but she's had an exceptional career up to this point."

CAREER HIGHS
KILLS: 39 at Illinois, Sept. 23, 1995
ATTACKS: 76 vs. Notre Dame, Sept. 13, 1996
HITTING %: .846 (11-0-13) vs St. Bonaventure, Sept. 17, 1994
DIGS: 21 vs Oregon St., Sept. 9, 1995
BLOCKS: 12 (3 times) last at Iowa, Nov. 23, 1996
BLOCK SOLOS: 3 (three times) last at Wisconsin, Oct. 27, 1995

VETERANS

Lindsay Anderson

Opposite
6-0 ◆ Senior
Crystal Lake, Ill.

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	35	12	70	.329	12	8	3
1995	47	24	131	.176	11	33	5
1996	15	10	46	.109	9	12	0
Total	**97**	**46**	**247**	**.206**	**32**	**53**	**8**

Lindsay Anderson will challenge for a starting spot at either outside hitter or opposite after struggling through two injury-plagued seasons in a row. She brings size and impressive blocking ability to the Penn State lineup.

1996 - Junior Season
Anderson saw limited playing time at the beginning of the year, competing in seven matches at outside hitter…posted season-highs with seven kills, four digs and four blocks versus Memphis (9/1)…received a medical redshirt due to a season-ending abdominal injury.

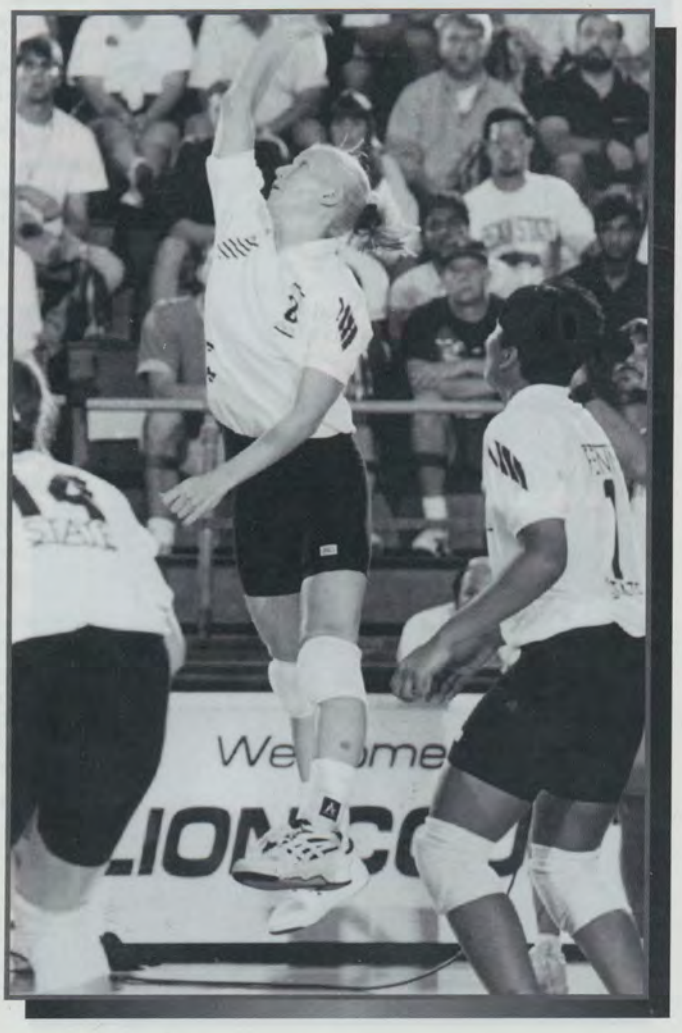
1995 - Sophomore Season
Recorded 47 kills, 33 digs and 11 blocks…set career highs for kills (14), hitting percentage (.478) and digs (9) in a win over Duke (10/17)…came on late in the year to post eight kills with a .400 hitting percentage and six digs in an NCAA tourney win over Georgia Tech (12/3)…earned All-Big Ten Academic honors with a 3.11 grade-point average.

1994 - Freshman Season
Played in 14 matches and 21 games during rookie season…produced a .329 hitting percentage…totaled 35 kills and eight digs with seven total blocks…she was an alternate for the 1995 Olympic Festival.

High School
Anderson was a three-year starter for the Crystal Lake Central H.S. volleyball team…was recognized as a 1993 Chicago *Sun-Times* and Champaign *Gazette* first-team all-state member and AAU All-American…a Chicago *Tribune* second-team all-state selection…Anderson led the Tigers to the Fox Valley Conference title…she played on the North squad in the 1993 Chicago *Sun-Times* high school all-star match …Anderson participated in the USVBA Junior Olympics in 1992 and 1993, playing for the Sky High Volleyball Club…Anderson also played softball for the Tigers, starting at catcher and first base.

Personal
Full name is Lindsay Danielle Anderson. Her father, Dan, played basketball for Marquette (1963-67). Born on March 17, 1976 in Milwaukee, Wisc.

Quoting Coach Rose
"Lindsay Anderson is a player that has had some flashes of brilliance in our gym where she's been unstoppable. We know that physically, Lindsay has all the attributes to be a dominant player at the Big Ten level. She has good strength and a good knowledge of the game — the only gray area that ever comes along is that she just seems to be one of those individuals whose body breaks down. I think if Lindsay stays healthy, she is one of our key individuals, at any one of the front row positions, who can come in and play with some confidence. And that's really the thing. When Lindsay's healthy and when she's confident, she's been unstoppable. That's how I look at Lindsay. There's always that question mark on whether she's going to be able to control the things that she can control and deal with the things that she can't control, which are often the injuries."



Career Highs
Kills: 14 vs. Duke, Oct. 17, 1995
Hitting %: .478 vs. Duke, Oct. 17, 1995
Digs: 9 vs. Duke, Oct. 17, 1995
Blocks: 4 vs. Memphis, Sept. 1, 1996

Bonnie Bremner

Setter
5-9 ◆ Sophomore
Lisle, Ill.

Season	K	E	TA	Pct.	Blks.	Digs	SA	Ast.
1996	173	33	363	.386	90	280	23	1478
Total	**173**	**33**	**363**	**.386**	**90**	**280**	**23**	**1478**

Bonnie Bremner stepped in at setter at the beginning of last season and ran the offense the entire year. She was a main reason why the team's hitting percentage increased nearly 50 points from the 1995 season. With Big Ten and NCAA tournament experience under her belt, Bremner is a pre-season All-America candidate.

1996 - Freshman Season

AVCA second-team All-American... selected to *Volleyball Magazine* All-Freshman team...named to *Heat Magazine's* Freshman Great Eight squad...posted a career-high 66 assists in the East Region final at No. 5 Nebraska (12/14)...selected to the NCAA All-East Region team...named Penn State's first-ever Big Ten Freshman-of-the-Year, also chosen as a member of the All-Conference team...tallied 52 assists and nine digs against Georgia Tech (12/8) in the NCAA second round...notched career-best eight kills on four occasions, the last versus No. 15 Wisconsin (11/29)...recorded a career-high 16 digs against No. 6 Washington State (9/14)...named to the Mizuno/USA Cup all-tournament team...finished second in the Big Ten with a .386 hitting percentage.

High School

A three-year starting setter out of St. Francis H.S....named team captain her junior year, she led the Spartans to the Illinois State Championship...also earned All-America accolades three-consecutive years , from 1993-95...an all-conference selection, Bremner was voted team "Most Valuable Player" as a junior...as a member of the Sports Performance club team, one of the best junior programs in the country, she helped lead the squad to a silver medal in national competition...also a member of the USA Junior National Team.

Personal

Full name is Bonnie Clare Bremner. Her sister, Julie, played on the U.S. National Team from 1989-91. Born October 22, 1977 in Lisle, Ill.

Quoting Coach Rose

"I thought Bonnie established herself not only as one of the premiere setters in the conference, but one of the premiere setters in the nation last year. I think she has a bright future in volleyball for whatever level she wants to play at. She has great discipline for the game — she's spent more time in the gym than some opposing teams. Bonnie's been a gym rat from a young age and made a commitment to herself to be the best that she can be and I think we were the recipient of that last year. I thought some of the great success we had last year should be really placed on what Bonnie brought to the program for us as a freshman and she still has a long way to go. She's going to get stronger in addition to learning how to be a better blocker and a better defensive player, but I think as far as setting and understanding what it takes to be successful, she's already there."

Career Highs

Kills: 8 (four times), last vs. Wisconsin, Nov. 29, 1996
Hitting %: .529 (9-0-17), vs. Indiana, Oct. 5, 1996
Digs: 16 vs. Washington St., Sept. 14, 1996
Blocks: 6 at Illinois, Nov. 22, 1996 & vs. Washington St., Sept. 14, 1996
Assists: 66 at Nebraska, Dec. 14, 1996

VETERANS

Jen Burdis

Back Row
5-2 ◆ Senior
Orwigsburg, Pa.

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	0	0	0	.000	0	3	1
1995	0	0	0	.000	0	11	0
1996	0	0	2	.000	0	61	3
Total	**0**	**0**	**2**	**.000**	**0**	**75**	**4**

In her fifth and final season, Jen Burdis will contribute quickness, enthusiasm and experience to a solid core of back row players that will be counted on to spark the Nittany Lion defense.

1996 - Senior Season
Burdis was a stalwart for the Lions in the back row...she appeared in 18 matches and 41 games, registering 50 digs...an Academic All-Big Ten selection...recorded three digs versus Georgia Tech (12/8) in the NCAA second round...set a career-high for digs with 10 against No. 5 Michigan State (11/9) in front of a national television audience.

1995 - Junior Season
She played in 10 matches and 10 games in 1995 and recorded 11 digs on the season...posted a season high four digs on two occasions...played in five Big Ten matches...an excellent student who posted a 4.0 grade-point average in the Spring semester.

1994 - Sophomore Season
Burdis saw action in eight matches during the season...was a vital contributor in defensive situations...had two digs against Purdue and one dig against Notre Dame (12/9) in the Mideast Region semifinal match... earned Academic All-Big Ten honors for her work in the classroom.

1993 - Freshman Season
Redshirt season.

High School
Burdis was a three-sport star at Blue Mountain H.S....competed on the volleyball, basketball, and track and field teams all four years...as the volleyball team's starting setter, Burdis earned all-league, all-county and all-district recognition...a team captain, she also was a first-team all-star...represented Blue Mountain in the Prudential All-Star Showcase her senior year...selected to compete in the 1992 Keystone State Games...Burdis placed ninth in the Pennsylvania state high school championships in the javelin...also was a first-team all-star in track and field...played guard on the basketball team and participated in the Schuylkill League North-South all-star match.

Personal
Full name is Jennifer Mary Burdis. Her father attended Penn State and is now an electrical engineer. Born September 10, 1975 in Pottsville, Pa.

Quoting Coach Rose
"Jen Burdis made a decision to come back and play another year and was excited about that decision. I think that just really says what kind of person she is — one who really pursues her life with a passion and just has fun. We are very fortunate that she decided she wanted to play another year. She gives us good quickness and good toughness in the back row."

CAREER HIGH
Digs: 10 vs. Michigan State, Nov. 9, 1996

Lauren Cacciamani proved last year that she is an offensive weapon to be dealt with from both the front and back row, in addition to establishing herself as one of the best blockers in the nation. Along with teammate Terri Zemaitis, the two form one of the most potent middle hitter combinations in the country.

1996 - FRESHMAN SEASON

Cacciamani started in the middle hitter spot all season...picked for *Volleyball Magazine's* All-Freshman team...was named to the Big Ten All-Conference team...selected to *Heat Magazine's* Freshman Great Eight squad...posted the team's only triple-double of the year (16K, 10D, 11B) in the East Region final at No. 5 Nebraska (12/14)...named to the NCAA All-East Region team...notched 19 kills and seven digs against Georgia Tech (12/8) in the second round of the NCAA tourney...the regular-season finale against Minnesota (11/30) was probably her best performance of the year, as she recorded career-highs with 24 kills and 14 blocks to go along with a .583 hitting percentage...she posted a career-high 13 digs versus No. 6 Washington State (9/14)...named to the all-tournament teams at both the Mizuno/USA Cup and the Penn State Invite...finished third in the Big Ten with 1.63 blocks per game (10th in nation) and a .378 hitting percentage.

HIGH SCHOOL

Cacciamani recorded a stellar prep career at Paramus H.S....a three-year starter at middle hitter, she collected first-team all-league and all-county honors three straight years (1993-95)...as team captain her senior year (1995), she led the Spartans to their second consecutive Group 3 league and state titles...also led Paramus to a county championship in 1995...garnered third-team All-America honors her senior year... she also lettered in track and field as a high jumper...a valuable contributor for the Digs Volleyball Club team, Cacciamani was named a two-year team captain...also tabbed a *Volleyball Magazine* "Fab 50" pick her senior season and selected as a member of the US Youth National Team in 1995...Gatorade selected her as a 1996 regional Circle of Champions honoree...Cacciamani also competed as part of the U.S. team in the 1995 All-American match against California.

PERSONAL

Full name is Lauren Brie Cacciamani. She enjoys studying history and art. Born October 10, 1978 in Hackensack, N.J.

QUOTING COACH ROSE

"Lauren was probably the biggest surprise of the season last year. We knew how good Bonnie was and Lauren came in and hit some shots last year that we've never had a woman volleyball player at Penn State hit. I clearly think if we would have done the paperwork for her she would have been an All-American last year as well because her numbers were exceptional. I think Lauren could be practicing and playing with the national team today. So I think her future is a bright one and we'll do as we've done with other players who have that sort of promise. We'll bring them along slowly and we'll explain the aspects of the game that they need to address to become better volleyball players in the future. She brings just a real genuine enthusiasm to the game. She plays hard, she's disciplined, and she is very open to suggestion and is very coachable and I think Lauren has the potential to be a dominant college player. She's just got a great knack for blocking and offensively she's learning more and more. I think she's going to be one of the more exciting back row hitters in the conference next year."

Lauren Cacciamani

Middle Hitter

6-2 ◆ Sophomore

Paramus, N.J.

SEASON	K	E	TA	PCT.	BLKS.	DIGS	SA
1996	350	80	723	.373	159	112	7
TOTAL	**350**	**80**	**723**	**.373**	**159**	**112**	**7**

CAREER HIGHS

KILLS: 24 vs. Minnesota, Nov. 30, 1996
ATTACKS: 42 at Ohio St., Oct. 16, 1996
HITTING %: .800 (8-0-10) vs Memphis, Sept. 1, 1996
DIGS: 13 vs. Washington St., Sept. 14, 1996
BLOCKS: 14 vs. Minnesota, Nov. 30, 1996
BLOCK SOLOS: 3 (three times)
last vs. Georgia Tech, Dec. 8, 1996

VETERANS

Christy Cochran

Outside Hitter
5-10 ◆ Junior
Bethlehem, Pa.

Season	K	E	TA	Pct.	Blks.	Digs	SA
1995	7	12	38	-.132	3	9	0
1996	119	240	320	.291	58	163	11
Total	**126**	**38**	**358**	**.246**	**61**	**172**	**11**

Possibly the most gifted athlete on the Nittany Lion roster, Christy Cochran combines a sterling work ethic with a boundless desire to improve. Last year her determination earned her a starting role on the right side midway through the schedule. In 1997 she should challenge for a spot on the outside.

1996 - Sophomore Season
Cochran stepped into a starting role on the right side beginning at No. 14 Ohio State (10/16)... recorded a career-high 16 digs versus Georgia Tech (12/8)...she set career-highs in both kills (13) and hitting percentage (.591) versus No. 11 Ohio State (11/13)...posted a then career-best 13 digs against No. 5 Michigan State (11/9)...ripped team season-best four aces versus Iowa (10/25)...earned Academic All-Big Ten honors.

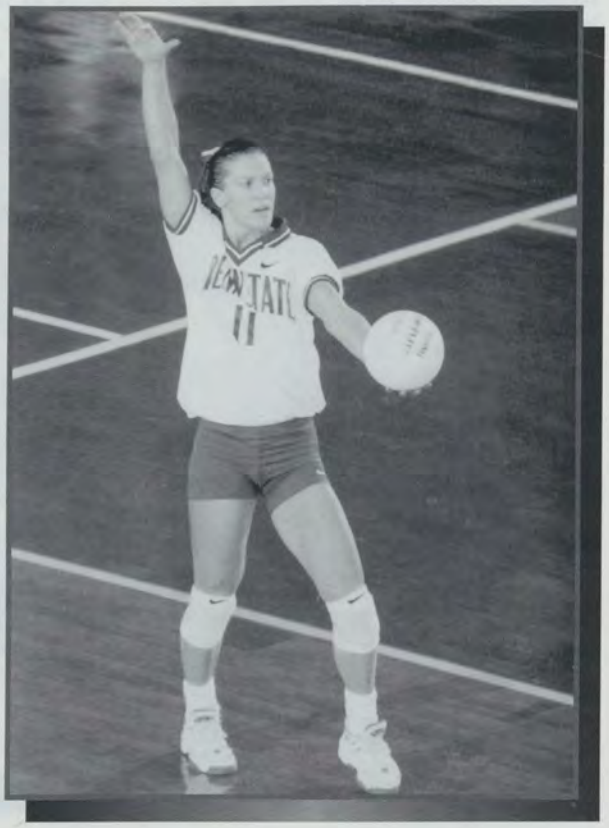
1995 - Freshman Season
Played in 10 matches and 13 games as a freshman posting seven kills, nine digs and three blocks on the year...passed up a red-shirt season as injuries throughout the Penn State lineup made her a necessity in the lineup...saw action in four Big Ten matches, recording season highs of two kills and three digs in a win over Northwestern.

High School
Cochran started all four years for the Bethlehem Catholic H.S. volleyball and basketball squads...an outside hitter and middle blocker, she was a three-time all-state selection...MVP of the Eastern Penn Conference and District II in 1993 and '94...twice selected as the *Express Times* Player-of-the-Year as she led the Hawks to the state semifinal match in 1994 and the finals in 1991...the two-time team captain played in the 1995 Mizuno All-Star game...a two-year starter for the Quickset Elite Volleyball Club team... Cochran was equally successful on the basketball court, earning all-conference and all-area accolades three times while guiding the Hawks to the state finals in 1991 and the semi-finals in 1993 and '94...the National Merit Award Finalist led the league in rebounding and topped the 1,000-point plateau during her career as the squad captured four district titles and two conference championships.

Personal
Full name is Christine Elizabeth Cochran. Her older brother Tom was a kicker on the football team at Duke University. Born November 8, 1976 in Baltimore, Md.

Quoting Coach Rose
"I think Christy is the type of person that coaches dream they have the opportunity to work with. A person that you say, 'these are the things you need to work on,' and they immerse themselves in that and yet still have the energy to be a great student and the focus to be a quality person. I think Christy is without question the most physical player on our team. She spent a great deal of time in the weight room and has taken a real strong nutritional approach to her development. I think when you combine her physical development with her desire to improve, you have a player that's going to find her way on the court somewhere. I thought the enthusiasm and excitement that she brought to our team last year was at times contagious and I don't think we would have had the success we had without Christy. We're going to depend on her this year to be our top defensive player and I see continued positive things for Christy in Penn State volleyball."

Career Highs
Kills: 13 vs. Ohio St., Nov. 13, 1996
Attacks: 35 at Nebraska, Dec. 14, 1996
Hitting %: .591 (13-0-22) vs Ohio St., Nov. 13, 1996
Digs: 16 vs. Georgia Tech, Dec. 8, 1996
Blocks: 8 at Nebraska, Dec. 14, 1996
Aces: 4 vs. Iowa, Oct. 25, 1996



After an injury-plagued freshman season Nikki Higley worked on regaining her form in 1996 and is a contender for an outside hitter spot this season.

1996 - SOPHOMORE SEASON

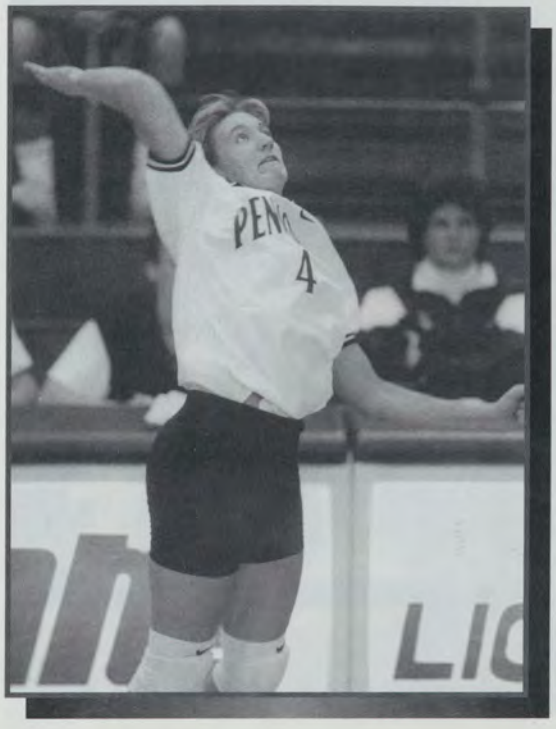
Higley answered the call when needed as an outside hitter coming off the bench...saw action in 10 games in seven matches...she set career-bests with five kills and four digs against St. Bonaventure (9/7).

1995 - FRESHMAN SEASON

Spent much of her freshman season rehabilitating from injuries that limited her to action in 11 matches and 13 games...a fractured back then kept her out of Spring competition...a skilled ball handler and a smart hitter, Higley recorded six kills, six digs and four service aces in 1995...her best match came early with a season-high four kills, two digs and two blocks against St. Bonaventure.

HIGH SCHOOL

Higley guided North Branch H.S. into the history books during the 1993 season, as the Vikings placed third in their very first state tournament appearance...that same year, Higley reached the state semi-finals as a starter for the basketball squad...North Branch proved the performance was no fluke, as the spikers returned to the state tournament in 1994, finishing fourth...the five-time All-Rum River Conference selection — twice in volleyball — earned first-team all-state honors as a senior when the squad won its second consecutive conference crown...tabbed by *Volleyball Monthly* as a "Fab 50" selection in 1995...twice an honorable-mention all-state basketball contributor, Higley also found time to compete on the softball team that captured the 1993 conference title...she was awarded sportsmanship banners in all three trips to the state tournament.



PERSONAL

Full name is Nicholle Theresa Higley. Born August 19, 1977 in Minneapolis, Minn.

QUOTING COACH ROSE

"I thought Nikki made some really positive strides last year in the spring. As always, I think her strength is she has all the tools and the knowledge to play, she just has to continue to understand how those things can coincide with her own inner peace, with how she can maintain her intensity and focus and still be able to play the game. But I think she demonstrated in the spring that she's a player that made a major contribution as one of our starting outside hitters. So whether she can continue to do that and keep her health — she's also a person that seems to come across injuries a little too easily — is very important."

Nikki Higley

Outside Hitter
6-0 ◆ Junior
North Branch, Minn.

SEASON	K	E	TA	PCT.	BLKS.	DIGS	SA
1995	6	1	21	.238	2	6	4
1996	8	3	19	.263	1	8	0
TOTAL	**14**	**4**	**40**	**.250**	**3**	**14**	**4**

CAREER HIGHS

KILLS: 5 vs. St. Bonaventure, Sept. 7, 1996
ATTACKS: 12 vs. St. Bonaventure, Sept. 7, 1996
DIGS: 4 vs. St. Bonaventure, Sept. 7, 1996
BLOCKS: 2 vs. St. Bonaventure, Sept. 16, 1995
ACES: 2 vs. Lehigh, Sept. 15, 1995

VETERANS

Kalna Miller

Back Row
5-7 ◆ Sophomore
Pittsburgh, Pa.

After a redshirting last season, Kalna Miller will bring good ball handling skills to an already solid back row corps.

1996 - FRESHMAN SEASON
Redshirt season.

HIGH SCHOOL
Miller gained a wealth of volleyball experience during her prep career... she was a four-year letterwinner and starter for Mt. Lebanon H.S....Miller captured first-team all-section honors her sophomore, junior, and senior seasons...she was a two-year team captain for the Blue Devils, and took home honorable mention all-state accolades in 1994 and second-team honors in 1995...voted team "Most Valuable Player" by her teammates following her senior year...led her team to a runner-up finish in the state tournament and a fifth place finish in 1994...a versatile player as a back row specialist and outside hitter, she was selected to six all-tournament teams during her high school career...also named an all-WPIAL selection her junior and senior seasons...Miller competed for the Pittsburgh Golden Triangles club team for five seasons and led them to a third-place showing at the Junior Club Nationals in 1995 before joining the Steel City Juniors club team.

PERSONAL
Full name is Kalna Lynne Miller. Footwork should not be a problem as she danced for 10 years at the Rosalene Kenneth Professional School of Dance. Born April 8, 1978 in Pittsburgh, Pa.

QUOTING COACH ROSE
"I think Kalna demonstrated every day in practice that she's destined to be one of our best back row players. She has a great knowledge of the game, plays hard and is very disciplined and workmanlike about her tasks in the game and I think that she's going to make a major contribution this year. I have great confidence that Kalna's a player that can do a lot of things well and the more opportunity she gets to do them, the more obvious it's going to be that she's an exceptionally disciplined player."

Carrie Schonveld

Outside Hitter
6-0 ◆ Sophomore
Portage, Mich.

SEASON	K	E	TA	PCT.	BLKS.	DIGS	SA
1996	182	64	430	.274	61	166	8
TOTAL	**182**	**64**	**430**	**.274**	**61**	**166**	**8**

Carrie Schonveld stepped in during crunch time in 1996 and made an immediate impact at outside hitter. An excellent blocker, hitter and passer, as well as as one of the squad's best diggers, Schonveld should be the opening day starter at outside this season.

1996 - FRESHMAN SEASON

Schonveld worked her way into the starting lineup for the final seven regular-season matchups and the NCAA tourney…tallied nine kills and 10 digs against Georgia Tech (12/8)…posted career-highs in three consecutive home matches against ranked teams starting with 11 kills against No. 5 Michigan State (11/9), then raised it with 12 against No. 11 Ohio State (11/13), before culminating with 17 versus No. 15 Wisconsin (11/29)…tallied a career-best 16 digs at Michigan (11/15)… recorded a double-double in six of the eight matches in which she started…notched seven blocks at Illinois (11/22).

HIGH SCHOOL

An all-around athlete at Portage Central H.S., Schonveld started for three seasons as the center on the basketball team, competed three years in the high jump, discus and shot put for the track team and started all four seasons at outside hitter for the volleyball team…her list of honors is lengthy: four-year all-conference selection, three-year conference MVP, two-year All-State first-team, one-year All-State second-team, two-time member of the Detroit *Free Press* Dream Team, the 1995 Gatorade Player-of-the-Year and a *Volleyball Monthly* "Fab 50" selection…she led her volleyball, basketball and track teams to conference championships in her senior year and earned Portage Central's Female Athlete-of-the-Year award…Schonveld served as captain of the basketball team and set school season and career records for rebounding…she also claimed all-conference honors in the shot put and set school records in the high jump and discus…she also excelled in the classroom earning the B'nai B'rith scholar-athlete award and the Optimist Club award.

PERSONAL

Full name is Carrie Marie Schonveld. She enjoys roller blading and swimming in her free time. Born October 31, 1977 in Kalamazoo, Mich.

QUOTING COACH ROSE

"Carrie had a real good freshman year from the standpoint of where she started and the progression that she went through. We were fortunate that we had senior outside hitters in Angie Kammer and Heidi Rottinghaus that allowed us to bring Carrie along slowly, but I thought Carrie's contributions at the end of the year were excellent. I thought she played exceptionally well against Nebraska in the regional finals and I hope that she would be able to take that experience and the knowledge that she had as a successful junior player and be able to improve in her areas where she's a little weak. She's a great passer and a strong player at the net and I would expect her to continue to make a positive impact in the Big Ten conference."

CAREER HIGHS

KILLS: 17 vs. Wisconsin, Nov. 29, 1996
ATTACKS: 39 at Nebraska, Dec. 14, 1996
HITTING %: .667 (10-0-15) vs. Alabama, Sept. 21, 1996
DIGS: 16 at Michigan, Nov. 15, 1996
BLOCKS: 7 at Illinois, Nov. 22, 1996
ACES: 2 vs. Michigan St., Nov. 9, 1996

VETERANS

Emily Stout

Opposite
6-1 ◆ Junior
Seymour, Ind.

Season	K	E	TA	Pct.	Blks.	Digs	SA
1995	31	11	88	.227	10	17	0
1996	107	26	240	.338	54	106	7
Total	**138**	**37**	**328**	**.308**	**64**	**123**	**7**

Emily Stout brings good size, blocking ability and soft hands to the opposite position. If she can stay injury-free, Stout should be a key component on this year's squad.

1996 - Sophomore Season

Stout started at right side for two-thirds of the season…suffered a broken hand at the beginning of November that sidelined her until the last week of the season…posted a career-high 13 kills at No. 9 Wisconsin (9/28)…versus No. 8 Notre Dame (9/13) recorded a career-best 12 digs…notched seven blocks against Massachusetts (9/7).

1995 - Freshman Season

Stout competed in 25 matches and 38 games in her freshman season…she recorded 31 kills, 17 digs and 10 blocks on the year…smacked a season-high six kills and 24 attacks in the NCAA tournament against Nebraska…also recorded season-bests of four digs (twice) and two blocks (three times).

High School

Stout took full advantage of Seymour High School's extracurricular athletic activities and participated in four sports, excelling on the volleyball court…she was an all-state selection in 1994 and garnered All-South Central Conference honors in 1993 and '94…named to the *Volleyball Monthly* "Fab 50" list…the two-time captain led the Owls to the conference title and advanced to the finals of the state tournament her senior year…Stout was a member of the 1994 U.S. Junior Olympic Elite Team…Seymour's two-time team MVP was a member of the 1995 South team which faced the Northern All-Stars…she played doubles on Seymour's tennis team, ran hurdles and long and high jumped for the track squad…she also competed on the floor and vault as a gymnast…Stout was also a member of the National Honor Society.

Personal

Full name is Emily Elizabeth Stout. Her father, David, played baseball at Wabash College from 1969 to 1973. Born July 10, 1977 in Indianapolis, Ind.

Quoting Coach Rose

"I enter the third year of saying that I believe that Emily is the key player to us being a team that can win a national championship — she's a key contributor, and the ingredient that needs to be on the floor, as her knowledge of the game is so strong. Like Heidi [Rottinghaus] and Angie [Kammer] had a great knowledge of the game, so does Emily. She's played all the various positions, she's played them well, and because of that, my expectations are very high for Emily. I believe that she's one of our key players. She could certainly make All-Conference, as well as All-American, but every year, I focus on one player who I think is the player the team will need, and I thought Emily was that key last year. However, due to injuries, we lost her services for over a month. Hopefully she can remain healthy this year, because she is once again going to be a major component if we are to be successful."

Career Highs

Kills: 13 at Wisconsin, Sept. 28, 1996
Attempts: 25 at Wisconsin, Sept. 28, 1996
Hitting %: .529 (9-0-17) vs. Indiana, Oct. 5, 1996
Digs: 12 vs. Notre Dame, Sept. 13, 1996
Assists: 5 at Minnesota, Sept. 27, 1996
Blocks: 7 vs. Massachusetts, Sept. 7, 1996

Amanda Thomas looks to recover from shoulder surgery that forced her to redshirt last season. She is a back row specialist who will challenge for a key ball-handling and defensive role.

1996 - SOPHOMORE SEASON
Redshirt season.

1995 - FRESHMAN SEASON
Amanda Thomas gained an introduction to college volleyball while playing in 18 matches and 28 games during her freshman season…in limited time, she collected 22 digs and demonstrated a polished serve with four aces…played two games in the NCAA tournament loss to Nebraska…hustled for a season-high six digs in a win over Lehigh (9/15) and served up a season high two aces against Michigan (10/20).

HIGH SCHOOL
Thomas was the three-year starting setter for the Huntingdon Area H.S. squad that finished the 1992 and '93 regular-seasons undefeated…Thomas was recognized as a second-team all-state athlete in 1994 and was tabbed honorable-mention in 1993…the three-time first-team All-District 6 performer led the Bearcats to three consecutive District AAA titles and a runner-up finish in 1994…Thomas participated as the starting setter for three years at the Nittany Region All-Star game.

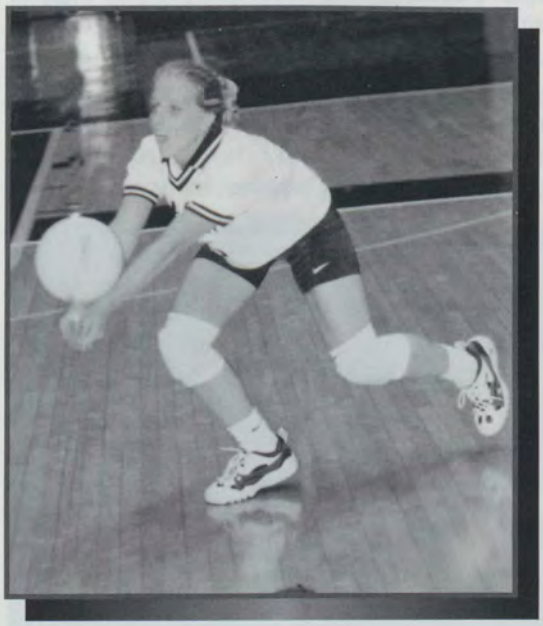
PERSONAL
Full name is Amanda Lee Thomas. Her father Bruce, played football for the University of Virginia from 1963-1967. Born November 21, 1976 in Charlottesville, Va.

QUOTING COACH ROSE
"Amanda Thomas is coming back off of shoulder surgery and had the year off last year because of her surgery. It will be interesting to see what she can do. Amanda, as a young player, demonstrated a good awareness of the game, a feisty attitude as a part of her general disposition, and an aggressive serve. If she can regain her health and regain her confidence to compete at this level, she should be able to be in the mix with the back row players."

Amanda Thomas

Back Row
5-4 ◆ Junior
Huntingdon, Pa.

SEASON	K	E	TA	PCT.	BLKS.	DIGS	SA
1995	0	0	0	.000	0	22	4
TOTAL	**0**	**0**	**0**	**.000**	**0**	**22**	**4**



CAREER HIGHS
Digs: 6 vs. Lehigh, Sept. 15, 1995
Aces: 2 vs. Michigan, Oct. 20, 1995

VETERANS

Teri Wroblewski

Outside Hitter
5-10 ◆ Senior
Milwaukee, Wis.

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	3	1	8	.250	0	3	0
1995	5	2	15	.200	0	8	0
1996	4	1	5	.600	0	3	0
Total	**12**	**4**	**28**	**.286**	**0**	**14**	**0**

One of three seniors on this year's squad, Teri Wroblewski brings an exemplary work ethic to the court. She will come off the bench and see time both at outside hitter and on the back row in 1997.

1996 - Junior Season
Wroblewski saw action in two matches ...posted four kills and two digs against St. Bonaventure (9/7)...earned Academic All-Big Ten honors for the second consecutive year.

1995 - Sophomore Season
Saw action in four matches and four games during 1995...recorded five kills and eight digs on the year...gained playing time early in the year picking up a season-high three digs against Lehigh (9/15) and a pair of kills in the West Virginia (9/2) and St. Bonaventure (9/16) matches... earned All-Big Ten Academic honors with a 3.10 grade-point average in education.

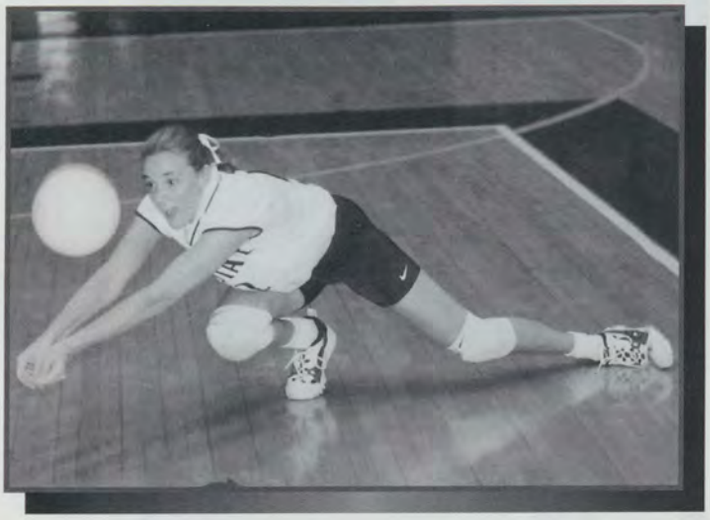
1994 - Freshman Season
Wroblewski spent her rookie season getting adjusted to collegiate volleyball and the Penn State system...she saw action in three matches, recording a kill in each of the three games she appeared in and tallied three digs in the Sept. 3 contest with Rutgers.

High School
Wroblewski played volleyball and basketball for Pius XI, one of the most successful high school athletic programs in the country...she led the Lady Pope volleyball team to its eighth consecutive state title...named a Mizuno second-team All-American and first-team all-state...also a *Volleyball Monthly* "Fab 50" selection and Wisconsin's Player-of-the-Year in 1993, Wroblewski played for the Milwaukee Sting Volleyball Club...she was named to the Texas Lone Star Classic national qualifying all-tournament team in 1991...played forward for the Lady Pope basketball team, helping it to a 12th consecutive state championship, which is a national record.

Personal
Full name is Theresa Joan Wroblewski. She attended the same high school as former Nittany Lion Jenny Myszewski. Born November 20, 1975 in Milwaukee, Wis.

Quoting Coach Rose
"Teri Wroblewski is a player who, although hasn't played as much as she would have liked or maybe even I would have liked yet, I have the greatest respect for her and her work ethic and the type of person she is. She has never complained, never felt the victim, she practices hard, she is supportive of her teammates — she does everything that has ever been asked of her. I think she epitomizes what I really like about coaching: you come across people that are doing their best. I think Teri's got a chance to play a little bit more this year as an outside hitter, primary passer, back row player. She has good knowledge and confidence in the skills that she has. She's never going to be a player that's going to be able to go up and hit over the top of the block, yet she's a player who knows her limitations and has a good awareness of what it takes to be successful. I think those are critically important components."

Career Highs
Kills: 4 vs. St. Bonaventure, Sept. 7, 1996
Digs: 3 vs. Lehigh, Sept. 15, 1995



Nadia Edwards should have time to develop playing behind Lauren Cacciamani and Terri Zemaitis at middle hitter for the Nittany Lions in 1997.

HIGH SCHOOL

Four-time all-conference selection while at Lincoln Way H.S....also earned All-Area honors three times and all-state once...*Volleyball Monthly* "Fab 50" selection in 1997...two-time team MVP...chosen as captain her junior year...member of the USA Junior National Team for the past three years...played club three seasons for Chicago Juniors.

PERSONAL

Full name is Nadia Anne Edwards. Hopes to study business marketing at Penn State. Born January 23, 1979 in Olympia Fields, Ill.

QUOTING COACH ROSE

"Nadia is going to have a bright future at Penn State. She's very strong, hits the ball extremely hard and has good knowledge of the game, but has never really been at a program where it's going to be a full time training program. Her situation has always been that she's balancing a number of things in her life with being an exceptional student-athlete. She'll have the chance to focus a little more on her volleyball while she still maintains her relationship as a student-athlete. But I think physically she possesses all the tools to be a great college player. She's a person we might consider redshirting, or if she's good enough to play, that's going to be a great thing. If the freshmen this year do some of the things that last year's freshmen did, I'm going to have a real problem because I'm going to have too much talent with too few places to let them play."

Nadia Edwards

Middle Hitter

6-0 ◆ Freshman

Frankfort, Ill.

At 6-5, Laura Hoff will take this year to learn the offense, as a possible redshirt, then she should make a large impact in the middle or at opposite.

HIGH SCHOOL

Three-time letter winner at Quince Orchard H.S....also played co-ed volleyball for three years...chosen All-Met and All-County honors for girls and honorable mention All-County for co-ed...received scholar-athlete award for work in classroom...as a team captain she led her girls team to the county championship and the region finals...Montgomery *Journal* and Gaithersburg *Gazette* All-County.

PERSONAL

Full name is Laura Kristen Hoff. Her older brother Brian plays soccer for his Air Force base team in Italy. Born August 3, 1979 in Tacoma Park, Md.

QUOTING COACH ROSE

"Laura Hoff is an individual who we had in summer camp and who, like Christy Cochran, we indicated that she needed to do some things if she wanted to be a part of our program. She's made significant effort to do those things, including making herself stronger. She has a long way to go, but there's something to be said for being 6-5 and having long arms and wanting to be a volleyball player. So, I would think that there's a real strong likelihood that we will redshirt Laura, especially if we think that she's going to have the type of future that we would envision for her. She has a good arm swing and has played volleyball for a number of years, so her knowledge and awareness of the game is good. Of course, as with all young players, there's just a big difference when they get to the college level."

Laura Hoff

Opposite

6-5 ◆ Freshman

Gaithersburg, Md.

NEWCOMERS

Solena Quick

Setter

5-6 ◆ Freshman

Middletown, N.Y.

Solena Quick will see time this season in the back row and as a backup setter as she adjusts to the college game.

HIGH SCHOOL

Four-year letterwinner at Minisink H.S....earned all-state and all-conference honors...Warriors team captain and MVP in 1996...also lettered one year in track.

PERSONAL

Full name is Solena Sophie Quick. Enjoys traveling and shopping for antiques. Born December 15, 1978 in Long Island, N.Y.

QUOTING COACH ROSE

"Solina is entering this season as our backup setter. She's quick, strong, explosive, a great leader and very intelligent. I think she'll really benefit from being in a gym with Bonnie [Bremner] and I think she'll make a pretty strong push to be a back row player that can come in and make contributions for us as a freshman. She played Junior ball with Lauren [Cacciamani] so maybe they just mature later, or maybe we just don't know much about them, but I think with Solina — Quick is an appropriate last name for her. She's explosive, and the thing I like about Solina is she's an intense and serious competitor. We'll have to chill her out a little bit and explain to her the importance of laughing and relaxing, but she does bring a good intensity to her activity."

Leilani Schlottfeldt

Back Row

5-10 ◆ Freshman

Brasilia, Brazil

Leilani Schlottfeldt is an international student from Brazil and could make an impact in the lineup as a back row specialist.

HIGH SCHOOL

Played for her all-state team for five consecutive years...twice named the best defensive player on the squad... her team won National Championship tournament twice... four-time state champion.

PERSONAL

Full name is Leilani Michaela Mansur Schlottfeldt. Plans to study International Business/Finance at Penn State. Born May 23, 1976 in Honolulu, Hawaii.

QUOTING COACH ROSE

"We don't know a lot about Leilani. We haven't really seen a lot of her but we know that she's come from a good developmental country in Brazil. The players are very well trained in the fundamentals and I think she's a player that's going to provide us with good ball handling and back row skills. She has a very good serve. She's not as physical as the other people on the team right now, but she hasn't played for a couple of years. So I think the more she plays, the better she's going to get."

NEWCOMERS

Katie Schumacher is a player with an ability to make an immediate impact at the outside hitters spot for Penn State.

HIGH SCHOOL
While at Mother McAuley H.S., was a four-year starter in both volleyball and basketball...captained both squads her senior year...member of the USA Volleyball Youth National Team in 1996 & '97...Chicago *Sun-Times* 1997 Female Athlete-of-the-Year...four-time All-Area and All-Conference selection...led Mighty Macs to state tourney all four years, winning two titles...team was No. 1 in the nation in 1996 and No. 6 in 1997...*Daily Southtown* 1997 Player-of-the-Year...two-time Chicago *Sun-Times* and *Tribune* All-Area pick... Champaign *Gazette* 1996 Athlete-of-the-Year...twice named All-State...four-time All-Conference pick in basketball...led team to three state playoff appearances, finishing as high as second...second team All-State and *Sun-Times* All-Area in 1997...*Star* 1997 Player-of-the-Year for volleyball and basketball.

PERSONAL
Full name is Catherine Anne Schumacher. Her father Gerald played football at Michigan from 1969-73. Born March 10, 1979 in Evergreen Park, Ill.

QUOTING COACH ROSE
"Katie Schumacher is a a player with whom a great deal of our success in the future will depend on her development. I think she has the potential to contribute as a freshman. Whether she's to go that route or not is to be determined, but I think there's no question that Katie could play any of the front row positions well. She was one of the top players at last year's USA Junior program and was selected again in 1997. I think that when she hits, the ball explodes off of her hand. She has natural strength. Both her and Nadia [Edwards] will come in and hit the ball as hard as any of our players. I think the fans will really like the potential of these young people."

Katie Schumacher
Middle Hitter
6-2 ◆ Freshman
Chicago, Ill.

1997 Big Ten Schedule

BIG TEN CONFERENCE

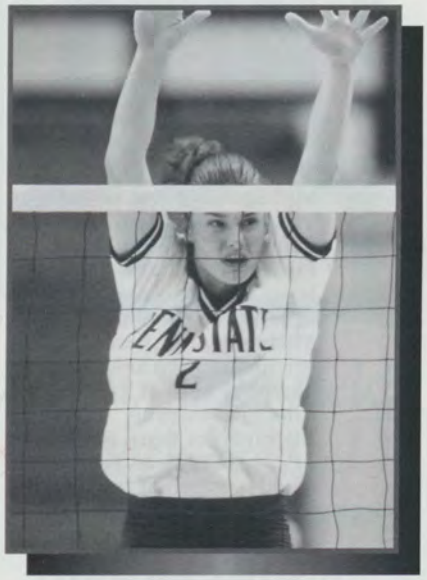
SEPTEMBER
24 Illinois at Wisconsin
26 Indiana at Purdue
Iowa at Northwestern
Michigan at Minnesota
Penn State at Ohio State
Wisconsin at Michigan State
27 Illinois at Michigan State
Indiana at Ohio State
Michigan at Iowa
Northwestern at Minnesota
Penn State at Purdue

OCTOBER
1 Northwestern at Michigan
3 Illinois at **Penn State**
Purdue at Iowa
Michigan State at Michigan
Ohio State at Minnesota
Wisconsin at Indiana
4 Illinois at Indiana
Ohio State at Iowa
Purdue at Minnesota
Wisconsin at **Penn State**
5 Michigan State at Northwestern
10 Iowa at **Penn State**
Michigan at Wisconsin
Michigan State at Purdue
Minnesota at Indiana
Northwestern at Illinois
11 Iowa at Indiana
Michigan at Illinois
Michigan State at Ohio State
Minnesota at **Penn State**
Northwestern at Wisconsin
15 Minnesota at Iowa
17 Indiana at Northwestern
Iowa at Michigan State
Penn State at Michigan
Purdue at Illinois
18 Indiana at Michigan
Minnesota at Michigan State
Ohio State at Illinois
Penn State at Northwestern
22 **Penn State** at Indiana
24 Illinois at Minnesota
Michigan at Purdue
Michigan State at Indiana
Northwestern at Purdue
Wisconsin at Iowa
25 Illinois at Iowa
Michigan at Ohio State
Michigan State at **Penn State**
Northwestern at Purdue
Wisconsin at Minnesota
29 Michigan at Northwestern
31 Indiana at Illinois
Iowa at Ohio State
Minnesota at Purdue
Northwestern at Michigan State
Penn State at Wisconsin

NOVEMBER
1 Indiana at Wisconsin
Minnesota at Ohio State
Penn State at Illinois
Purdue at Iowa
2 Michigan at Michigan State
7 Illinois at Michigan
Indiana at Iowa
Ohio State at Michigan State
Penn State at Minnesota
Wisconsin at Northwestern
8 Illinois at Northwestern
Indiana at Minnesota
Penn State at Iowa
Purdue at Michigan State
Wisconsin at Michigan
12 Wisconsin at Illinois
14 Indiana at Ohio State
Iowa at Michigan
Michigan State at Illinois
Minnesota at Northwestern
Purdue at **Penn State**
15 Iowa at Northwestern
Michigan State at Wisconsin
Minnesota at Michigan
Ohio State at **Penn State**
Purdue at Indiana
19 Iowa at Minnesota
21 Illinois at Ohio State
Michigan at Indiana
Michigan State at Minnesota
Northwestern at **Penn State**
22 Illinois at Purdue
Michigan at **Penn State**
Michigan State at Iowa
Northwestern at Indiana
26 Indiana at **Penn State**
28 Iowa at Illinois
Minnesota at Wisconsin
Ohio State at Michigan
Penn State at Michigan
Purdue at Northwestern
29 Indiana at Michigan State
Iowa at Wisconsin
Minnesota at Illinois
Ohio State at Northwestern
Purdue at Michigan

1996 RESULTS

Terri Zemaitis received first team Kaepa/AVCA All-American honors in 1996.



Lauren Cacciamani was 3rd in the Big Ten and 10th in the nation with 1.65 blocks per game.

Date		Opponent	W-L	Scores	Attendance
			Louisiana State Classic		
Sept.	1	Memphis	W, 3-0	15-6, 15-3, 15-1	31
Sept.	1	at LSU	W, 3-0	15-3, 15-7, 15-6	238
Sept.	2	at New Orleans	W, 3-0	15-7, 15-5, 15-5	323
			Penn State Invitational		
Sept.	6	CONNECTICUT	W, 3-0	15-2, 15-12, 15-4	1,377
Sept.	7	ST. BONAVENTURE	W, 3-0	15-3, 15-6, 15-3	527
Sept.	7	MASSACHUSETTS	W, 3-0	15-8, 15-9, 15-4	1,402
			Mizuno/USA Cup at Chicago		
Sept.	13	Notre Dame	W, 3-1	10-15, 15-6, 16-14, 16-14	1,250
Sept.	14	Washington St.	W, 3-0	15-6, 15-8, 15-11	1,375
			Penn State Classic		
Sept.	20	BAYLOR	W, 3-0	15-5, 15-5, 15-11	1,306
Sept.	21	WILLIAM & MARY	W, 3-0	15-6, 15-6, 15-3	505
Sept.	21	ALABAMA	W, 3-0	15-2, 15-2, 15-5	1,220
Sept.	27	at Minnesota *	W, 3-0	15-11, 15-3, 15-12	1,351
Sept.	28	at Wisconsin *	W, 3-0	15-13, 17-15, 15-9	3,947
Oct.	4	PURDUE *	W, 3-0	15-7, 15-8, 15-8	1,243
Oct.	5	INDIANA *	W, 3-0	15-2, 15-11, 15-8	1,461
Oct.	11	at Michigan St. *	L, 2-3	15-9, 7-15, 7-15, 15-9, 12-15	2,124
Oct.	12	at Northwestern *	W, 3-0	15-8, 15-7, 15-11	320
Oct.	16	at Ohio St. *	L, 2-3	17-8, 11-10, 10-14, 10-17, 15-17	562
Oct.	19	MICHIGAN *	W, 3-0	15-5, 15-1, 15-9	5,043
Oct.	25	IOWA *	W, 3-0	15-4, 15-2, 15-5	1,374
Oct.	26	ILLINOIS *	W, 3-0	15-11, 15-7, 15-13	1,403
Nov.	1	at Indiana *	W, 3-0	15-6, 15-10, 15-13	764
Nov.	2	at Purdue *	W, 3-0	15-12, 15-5, 15-10	1,313
Nov.	8	NORTHWESTERN *	W, 3-0	15-3, 15-2, 15-0	1,309
Nov.	9	MICHIGAN ST. *	W, 3-1	19-9, 10-14, 18-10, 17-14	3,402
Nov.	13	OHIO ST. *	W, 3-1	6-15, 15-4, 15-12, 15-5	2,136
Nov.	15	at Michigan *	W, 3-0	15-6, 15-4, 15-11	715
Nov.	22	at Illinois *	W, 3-1	15-7, 11-9, 10-14, 17-8	1,745
Nov.	23	at Iowa *	W, 3-1	11-15, 15-6, 15-9, 15-4	412
Nov.	29	WISCONSIN *	W, 3-1	15-9, 15-11, 7-15, 15-8	1,367
Nov.	30	MINNESOTA *	W, 3-1	11-15, 15-7, 15-10, 15-13	1,241
			NCAA Second Round		
Dec.	8	GEORGIA TECH	W, 3-0	15-7, 15-10, 15-13	1,241
			NCAA East Region Semifinal at Nebraska		
Dec.	13	Wisconsin	W, 3-0	15-11, 15-5, 15-5	1,239
			NCAA East Region Final		
Dec.	14	at Nebraska	L, 2-3	12-15, 15-8, 13-15, 15-9, 18-20	4,024

** Big Ten Matches* *Home matches in BOLD CAPS.*

1996 RECORD: 31-3 overall, 18-2 Big Ten
THREE GAME MATCHES: 24-0; **FOUR GAMES:** 7-0; **FIVE GAMES:** 0-3
HOME: 17-0; **AWAY:** 10-3; **NEUTRAL:** 4-0

1996 Attendance Figures

Site	Matches	Total	Per Match
Home	17	27,590	1,623
Away	13	17,838	1,372
Neutral	4	3,895	974
Total	**34**	**49,323**	**1,451**

1996 STATISTICS

Overall Match Statistics

RECORD: 31-3 (HOME: 17-0; AWAY: 10-3; NEUTRAL: 4-0)

PLAYER	MP	GP	K	E	TA	PCT.	A	SA	SE	RE	DG	BS	BA	TB	BE	BHE
Wroblewski	2	2	4	1	5	.600	0	0	0	0	3	0	0	0	0	0
Niswender	15	22	21	5	39	.410	2	0	2	1	13	2	10	12	2	0
Bremner	34	114	173	33	363	.386	1478	23	33	0	280	7	83	90	12	24
Cacciamani	32	106	350	80	723	.373	19	8	12	2	124	40	135	175	10	3
Stout	22	54	107	26	240	.338	29	7	15	6	106	4	50	54	8	5
Zemaitis	33	112	535	169	1174	.312	29	13	30	10	239	30	177	207	20	3
Kammer	34	112	338	87	835	.301	59	18	17	31	440	22	59	81	9	1
Cochran	21	66	119	26	320	.291	34	11	13	6	163	5	53	58	4	0
Schonveld	30	74	182	64	430	.274	23	8	9	21	166	8	53	61	7	4
Higley	7	10	8	3	19	.263	2	0	0	0	8	1	0	1	0	1
Rottinghaus	33	102	123	42	356	.228	30	25	23	20	314	2	29	31	1	0
Otero	32	74	1	0	7	.143	5	6	7	0	60	0	0	0	0	0
Anderson	7	12	15	10	46	.109	5	0	4	2	12	1	8	9	0	1
Burdis	20	41	0	0	2	.000	3	3	4	0	58	0	0	0	0	0
Thomas	1	2	0	0	0	.000	0	1	0	0	3	0	0	0	0	0
Spink	13	19	0	0	0	.000	16	0	1	0	17	0	0	0	0	0
Ebuwei	27	60	0	3	8	-.375	2	4	3	1	78	0	0	0	0	1
PENN STATE	34	115	1976	549	4567	.312	1736	127	173	101	2084	122	657	451	73	43
Opponents	34	115	1636	885	4856	.155	1449	99	210	127	1727	52	327	216	—	72

Big Ten Match Statistics

RECORD: 18-2 (HOME:10-0; AWAY: 8-2; NEUTRAL: 0-0)

PLAYER	MP	GP	K	E	TA	PCT.	A	SA	SE	RE	DG	BS	BA	TB	BE	BHE
Higley	4	5	2	0	5	.400	0	0	0	0	3	0	0	0	0	0
Bremner	20	70	114	21	245	.380	942	16	21	0	161	3	53	56	8	11
Cacciamani	20	70	236	56	486	.370	13	5	9	1	73	24	92	116	6	2
Cochran	17	54	96	18	235	.332	26	11	12	6	126	5	38	43	4	0
Kammer	20	70	230	57	542	.319	32	8	11	19	267	17	35	52	5	1
Stout	10	25	42	11	105	.295	15	2	6	6	50	0	27	27	4	2
Zemaitis	20	70	332	110	755	.294	21	17	19	4	153	19	115	134	13	2
Schonveld	19	50	118	38	279	.287	17	6	8	16	115	6	39	45	5	3
Niswender	6	6	1	0	5	.200	1	0	0	0	5	0	1	1	2	0
Rottinghaus	19	60	71	27	221	.199	22	14	13	11	187	1	15	16	0	0
Burdis	13	31	0	0	2	.000	2	2	1	0	46	0	0	0	0	0
Ebuwei	15	28	0	0	2	.000	0	1	2	0	29	0	0	0	0	0
Otero	18	47	0	0	3	.000	4	1	4	0	44	0	0	0	0	0
Wroblewski	1	1	0	0	0	.000	0	0	0	0	1	0	0	0	0	0
Spink	5	9	0	0	0	.000	0	0	1	0	7	0	0	0	0	0
PENN STATE	20	70	1242	338	2885	.313	1095	73	107	63	1267	75	415	283	47	21
Opponents	20	70	1115	562	3140	.176	1021	63	144	73	1094	26	222	137	68	40

1996 Individual Match Bests

Kills: 31, Zemaitis vs. Notre Dame (9/13)
Total Attempts: 76, Zemaitis vs. Notre Dame (9/13)
Block Solos: 3, by three different players
Block Assists: 13, Cacciamani vs. Minnesota (11/30)
Total Blocks: 14, Cacciamani vs. Minnesota (11/30)
Service Aces: 4, Cochran vs. Iowa (10/25)
Digs: 25, Kammer vs. Notre Dame (9/13)
Assists: 66, Bremner vs. Nebraska (12/14)
Hitting Percentage: .800 (8-0-10), Cacciamani vs. Memphis (9/1)

1996 Team Match Bests

Kills: 83, at Nebraska (12/14)
Total Attempts: 216, at Nebraska (12/14)
Block Solos: 8, vs. Notre Dame (9/13)
Block Assists: 41, vs. Minnesota (11/30)
Total Blocks: 22.5, vs. Minnesota (11/30)
Service Aces: 7, vs. Memphis (9/1)
Digs: 100, vs. Notre Dame (9/13)
Assists: 77, at Nebraska (12/14) & vs. Minnesota (11/30)
Hitting Percentage: .543 (57-7-92), vs Alabama (9/21)

1996 — A NEAR MISS

The season began innocently enough, an undefeated swing through bayou country followed by three victories and the Penn State Invitational championship. Then things got interesting. The Lions went to Chicago for the Mizuno/USA Cup and defeated No. 8 Notre Dame and No. 5 Washington State on consecutive evenings, dropping only one game in the process. Junior middle hitter Terri Zemaitis was named tournament MVP and Big Ten Player-of-the-Week for her outstanding play in the Windy City. Then it was back home for the Penn State Classic and three more sweeps. On day two of the Classic against William & Mary, Zemaitis reached the 1,000 kill mark for her career.

With three tournament titles under their belts, the Lions could now turn their attention to the impending, and grueling Big Ten season which was now at hand. With road victories over Minnesota and No. 9 Wisconsin and wins against Purdue and Indiana in Rec Hall, suddenly Penn State was 15-0 and ranked No. 2 in the country. What might have been most impressive about those 15 wins was that the Lions had dropped only one game in the process.

However, the unblemished record would not much last longer as Penn State headed to East Lansing for a clash with No. 7 Michigan State. After two-and-a-half hours the Spartans come out on top by a 15-12 margin in game five. Only five days later, the Lions fell again, this time at No. 14 Ohio State. Big Ten Player-of-the-Year Vanessa Wouters' 39 kills was the main culprit on this night. Once again, the defeat came in game five of another thriller, this time by a 17-15 margin.

Now, suddenly having lost two-of-three, Penn State was forced to regroup. When Michigan rolled in to town on Oct. 19, 5,043 boisterous fans showed up to root on the Lions — the largest crowd in Penn State volleyball history and the biggest in the Big Ten in at least two years. The Lions white-washed the Wolverines, and their next five opponents, to run their record to 22-2. While at Indiana on Nov. 1, senior outside hitter Angie Kammer recorded the 1,000th dig of her career.

Looming large on the horizon though, was a rematch with Michigan State, now ranked No. 5 in the country. This time the stakes were much higher. Not only was the match on national television, but a Penn State victory would draw the Lions even with the Spartans in the race for the Big Ten title. The Lions did not disappoint, winning in four games, much to the delight of the home crowd numbering nearly 3,500. Kammer was named Big Ten Player-of-the-Week for her efforts over the weekend.

Penn State proved four days later that the win was no fluke, upending No. 11 Ohio State, once again in four games. The Lions were beginning to smell their third Big Ten title since joining the conference in 1991. Three road wins pushed Penn State's record to 27-2, 16-2 in the conference. All that remained was to beat No. 15 Wisconsin and Minnesota in Rec Hall, a job easier said then done. However, the Lions were up to the task, defeating both the Badgers and the Gophers in four games. Against Minnesota, Penn State recorded an astounding 41 block assists, the highest total in the conference in 1996. Having met their first goal of winning the Big Ten title, the Lions now set their sights on the NCAA tournament.

The team gathered at a local eating establishment to watch the selection show, hoping that 29 wins, a conference title, six victories over top 15 teams and an increased attendance would be enough to earn Penn State the right to host the school's first-ever volleyball regional. Unfortunately, the group would go home disappointed, but no less focused on the job ahead. With UCLA's exclusion from the tourney, the Lions became one of only four teams in the nation to compete in all 16 NCAA tournaments.

Penn State had much to celebrate last season, including a perfect 17-0 mark in Rec Hall.

Before the postseason started, the Lions had to collect some hardware. Zemaitis, Kammer, freshman middle hitter Lauren Cacciamani and freshman setter Bonnie Bremner were each named to the All-Big Ten team. No other team could boast as many selections. Zemaitis led the nation and the conference in blocks, Kammer led the Big Ten in digs and Cacciamani finished third in the conference in both hitting percentage and blocks. In addition, Bremner, who finished second in the Big Ten in hitting, became Penn State's first-ever Big Ten Freshman-of-the-Year and head coach Russ Rose garnered his third Big Ten Coach-of-the-Year award. Not a bad haul.

The Lions received a first round bye and ended up with a second round rematch from last year, as they faced the Georgia Tech Yellow Jackets once again. The Jackets put up quite a fight, leading 13-11 in game three before losing the lead and the match 15-13. With the victory, the squad finished 17-0 at home, the ninth undefeated season at Rec Hall in school history. Furthermore, Penn State earned the right to go to Nebraska for regional action … again. For the third year in a row and the seventh time overall, the Lions would travel to Lincoln in December.

The semifinal match pitted Penn State, now ranked No. 4 and on a 14-match winning streak, against conference foe No. 17 Wisconsin for the third time this season. The outcome was no different than the other two, as the Lions won 15-11, 15-5, 15-5, running their record to 15-0 all-time against the Badgers. Senior outside hitter Heidi Rottinghaus reached the 1,000 dig mark for her career in game two. In the night's second match No. 5 Nebraska swept past No. 22 Louisville to set up a rematch from numerous other NCAA tournaments.

The two teams did not disappoint any of the mostly red-clad 4,024 fans that showed up for the East Region final — the match was everything it was supposed to be, and then some. The Huskers rallied to win game one, only to have Penn State run off ten straight points to win game two. Games three and four were split, setting up a climactic game five for the right to go to the Final Four. The Lions jumped out to an 11-5 lead, only to have Nebraska roar back to take a 15-14 lead. With neither team refusing to quit, Megan Corver, the Huskers' sophomore middle hitter — a transfer from George Washington, put down three straight kills to give Nebraska a 20-18 victory that punched their ticket to Cleveland.

The Lions had given everything they had, but came up short against the defending national champions on their home court. Penn State set a Nebraska Coliseum record for a five game match with 40 block assists, but it was not enough. Zemaitis, Bremner and Cacciamani were each named to the All-Region team, but it was little consolation after coming so close to the Final Four.

However, it is impossible to look at the season as a disappointment in any light. Penn State finished 31-3, with a final ranking of fifth (tying the school's highest-ever), and a share of the Big Ten title to boot. All three losses were in five games on the road to teams ranked in the top 15…by a total of seven points. Coach Russ Rose was also named the District Two Coach-of-the-Year. Penn State's four seniors, Kammer, Rottinghaus, middle hitter Jodi Niswender and back row specialist Claudette Otero, had an impressive four-year run. The Lions went an astounding 120-20 (.857), including a 67-5 (.931) mark at home. They also led the Big Ten in digs all four years and finished ranked in the top 10 at the end of each season. In addition Penn State competed in two Final Fours and won two Big Ten titles.

Finally, on Dec. 18 it was announced that Penn State had garnered three AVCA All-Americans. Zemaitis, a second-team selection in 1995, became the Lions' fifth AVCA first-team All-American since 1981. In addition, Kammer and Bremner both earned second-team honors. Only Stanford, with four, had more players on the two teams.

For the Penn State women's volleyball team, 1996 was a year to be proud of and one of the best in school history.

THE BIG TEN CONFERENCE

1996 Final Standings

		Big Ten		Overall	
		W-L	Pct.	W-L	Pct.
1.	PENN STATE	18-2	.900	31-3	.912
	Michigan State	18-2	.900	26-7	.788
3.	Ohio State	15-5	.750	27-6	.818
4.	Minnesota	14-6	.700	24-11	.686
5.	Wisconsin	13-7	.650	25-8	.758
6.	Michigan	9-11	.450	14-17	.452
7.	Illinois	8-12	.400	13-15	.464
8.	Purdue	6-14	.300	13-19	.406
9.	Iowa	5-15	.250	10-21	.323
10.	Indiana	4-16	.200	10-22	.313
11.	Northwestern	0-20	.000	9-24	.273

1996 Team Statistical Leaders (overall)

Hitting Efficiency:	Penn State, .312
Kills Per Game:	Ohio State, 17.92
	(Penn State, 5th, 17.18)
Assists Per Game:	Ohio State, 16.19
	(Penn State, 6th, 15.10)
Blocks Per Game:	Penn State, 3.92
Aces Per Game:	Minnesota, 1,85
	(Penn State, 11th, 1.10)
Digs Per Game:	Penn State, 18.12

Penn State is 127-31 against Big Ten opponents overall, including a 101-19 mark in conference action.

Penn State's Big Ten History

Conference Finishes

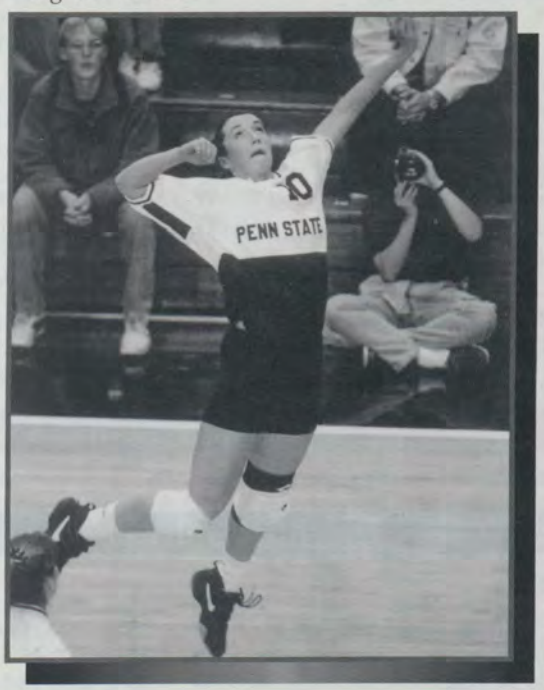
1991:	2nd (tied with Wisconsin)
1992:	1st (tied with Illinois)
1993:	1st
1994:	2nd
1995:	3rd
1996:	1st (tied with Michigan State)

First Big Ten Victory: def. Indiana, 3-1
Sept. 27, 1991 at Rec Hall
Longest Big Ten Winning Streak: 19, 1991-92
Longest Big Ten Home Win Streak: 28, 1991-94
Longest Big Ten Road Win Streak: 9, 1991-92
Big Ten Sweeps (Season): 17, 1993

1996 Individual Statistical Leaders (overall)

Hitting Efficiency:	Val Sterk, Michigan State, .449
Penn State:	Bonnie Bremner, 2nd, .386
	Lauren Cacciamani, 3rd, .373
	Terri Zemaitis, 9th, .312
Kills Per Game:	Vanessa Wouters, Ohio State, 6.43
Penn State:	Terri Zemaitis, 6th, 4.78
Blocks Per Game:	Terri Zemaitis, Penn State, 1.85*
Penn State:	Lauren Cacciamani, 3rd, 1.65
Aces Per Game:	Dana Cooke, Michigan State, 0.47
Assists Per Game:	Jen Boleyn, Ohio State, 14.81
Penn State:	Bonnie Bremner, 6th, 12.96
Digs Per Game:	Angie Kammer, Penn State, 3.93
Penn State:	Heidi Rottinghaus, 8th, 3.08

** Big Ten record*



Angie Kammer finished a stellar career at Penn State last season, earning second team All-America honors. Playing from 1993-96, Kammer finished with 1175 digs and 898 kills. In addition, the Nittany Lions led the Big Ten in digs all four years of her

Conference Records (since 1991)

		W-L	Pct.
1.	PENN STATE	101-19	.842
	Ohio State	101-19	.842
3.	Illinois	78-41	.650
4.	Minnesota	69-51	.575
5.	Wisconsin	68-52	.567
6.	Michigan State	54-66	.450
7.	Michigan	52-68	.433
8.	Purdue	44-76	.367
9.	Indiana	39-81	.325
10.	Iowa	32-88	.267
11.	Northwestern	20-100	.167

POSTSEASON TOURNAMENTS

NCAA Tournament Results (18-16)

Season	Opponent	Result	
1981	Cincinnati	W	15-8, 15-6, 15-2
	Pacific (1)	L	10-15, 15-13, 15-10, 12-15, 13-15
1982	at Nebraska	L	13-15, 5-15, 13-15
1983	PROVIDENCE	W	15-10, 15-9, 15-9
	UCLA (2)	L	1-15, 14-16, 11-15
1984	at Northwestern	W	7-15, 15-9, 15-4, 9-15, 15-4
	Pacific (3)	L	4-15, 8-15, 12-15
1985	at Nebraska	L	8-15, 7-15, 12-15
1986	WYOMING	W	13-15, 15-2, 15-7, 15-4
	at Nebraska	L	7-15, 15-4, 16-14, 16-18, 9-15
1987	at Purdue	L	4-15, 9-15, 15-17
1988	at Notre Dame	L	13-15, 10-15, 16-14, 10-15
1989	at Illinois	L	5-15, 9-15, 2-15
1990	PURDUE	W	15-8, 16-14, 15-4
	Wisconsin (4)	W	15-6, 15-6, 15-3
	at Nebraska	L	12-15, 14-16, 15-10, 5-15
1991	COLORADO	W	8-15, 10-15, 15-11, 15-6, 15-11
	Ohio State (4)	L	15-13, 9-15, 15-11, 5-15, 11-15
1992	NOTRE DAME	W	15-13, 15-8, 15-9
	Stanford (5)	L	13-15, 6-15, 13-15
1993	NORTHERN ILLINOIS	W	15-5, 15-8, 15-8
	Colorado (6)	W	9-15, 16-14, 16-18, 15-8, 15-7
	Notre Dame (6)	W	15-12, 15-5, 15-12
	Brigham Young (7)	W	15-13, 6-15, 16-14, 15-12
	Long Beach State (7)	L	13-15, 15-12, 11-15, 14-16
1994	BALL STATE	W	15-8, 15-5, 18-16
	Notre Dame (4)	W	15-4, 15-6, 15-2
	at Nebraska	W	12-15, 15-11, 15-9, 15-8
	UCLA (8)	L	15-3, 4-15, 9-15, 15-5, 11-15
1995	GEORGIA TECH	W	15-8, 15-5, 15-5
	Nebraska (4)	L	7-15, 6-15, 16-14, 2-15
1996	GEORGIA TECH	W	15-7, 15-10, 15-13
	Wisconsin (4)	W	15-11, 15-5, 15-5
	at Nebraska	L	12-15, 15-8, 13-15, 15-9, 18-20

(1) at Northwestern (2) at Purdue (3) at Western Michigan (4) at Nebraska
(5) at Illinois (6) at Minnesota (7) at Wisconsin (8) at Texas

JoAnn Elwell is first all-time at Penn State in hitting percentage (.385) and second in kills (1,577).

Atlantic 10 Tournament Results (19-0)

1983: First (Host: George Washington)			
	George Washington	W	15-6, 15-8, 15-4
	Rhode Island	W	15-11, 15-6, 15-6
	West Virginia	W	15-6, 15-6, 15-6
	Temple	W	15-8, 15-7, 15-5
	Rutgers	W	15-10, 15-9, 15-7
1984: First (Host: Rhode Island)			
	West Virginia	W	15-2, 15-5, 15-5
	Rhode Island	W	15-11, 15-4, 15-8
1985: First (Host: West Virginia)			
	George Washington	W	15-10, 15-4, 15-5
	Rhode Island	W	15-12, 15-9, 15-12
1986: First (Host: Rutgers)			
	George Washington	W	15-3, 15-4, 15-5
	Rhode Island	W	15-2, 15-9, 15-6
1987: First (Host: Rhode Island)			
	Massachusetts	W	15-6, 15-2, 15-6
	West Virginia	W	15-11, 15-5, 15-6
1988: First (Host: Penn State)			
	West Virginia	W	15-9, 15-10, 15-5
	Rhode Island	W	15-8, 15-11, 15-8
1989: First (Host: George Washington)			
	West Virginia	W	15-0, 15-3, 15-2
	Rhode Island	W	15-8, 15-7, 15-10
1990: First (Host: Temple)			
	West Virginia	W	15-5, 15-0, 15-13
	George Washington	W	15-2, 15-1, 15-5

During its nine-year affiliation with the Atlantic 10 Conference, Penn State captured all eight conference titles and never lost a regular-season match (49-0).

1997 NCAA BRACKET

1997 Division I Women's VOLLEYBALL CHAMPIONSHIP

The top four teams in women's collegiate volleyball will meet in Spokane to crown a new National Champion! Be a part of the exciting action as Washington State University hosts the 1997 NCAA Division I Women's Volleyball Championship. Get your application in early to ensure your seats at the Spokane Arena. For ticket information call: 1-800-325-SEAT

1996 Final National Rankings & Attendance Figures

USA TODAY/AVCA

	School	Record
1.	Stanford (59)	31-2
2.	Hawaii	35-3
3.	Nebraska	30-4
4.	Florida	37-2
5.	**Penn State**	31-3
6.	Michigan State	26-7
7.	Washington State	27-6
8.	BYU	27-7
9.	Loyola Marymount	26-3
10.	Long Beach State	33-3
11.	Texas	23-7
12.	Pacific	26-7
13.	Ohio State	27-6
14.	USC	21-9
15.	Wisconsin	25-8
16.	Louisville	26-5
17.	UC Santa Barbara	23-9
18.	Washington	23-8
19.	Texas A & M	25-8
20.	George Mason	26-3
21.	Maryland	26-5
22.	South Florida	27-5
23.	Arizona	20-10
24.	Kansas State	26-9
25.	Notre Dame	22-12

VOLLEYBALL MAGAZINE

	School	Record
1.	Stanford	31-2
2.	Florida	37-2
3.	Hawaii	35-3
4.	Nebraska	30-4
5.	**Penn State**	31-3
6.	Loyola Marymount	26-3
7.	Long Beach State	33-3
8.	Michigan State	26-7
9.	Washington State	25-5
10.	Texas	23-7
11.	USC	21-9
12.	Pacific	26-7
13.	Ohio State	27-6
14.	UC Santa Barbara	23-9
15.	Wisconsin	25-8
16.	Texas A & M	25-8
17.	Washington	23-8
18.	George Mason	26-3
19.	Maryland	26-5
20.	Louisville	26-5

NCAA DIVISION I AVERAGE ATTENDANCE

	School	Matches	Total	Avg.
1.	Hawaii	22	184,314	8,378
2.	Nebraska	17	61,014	3,509
3.	Texas	14	38,126	2,723
4.	Illinois St.	16	40,552	2,533
5.	Illinois	13	31,381	2,414
6.	Michigan St.	15	35,867	2,391
7.	Florida	18	42,656	2,370
8.	Wisconsin	14	31,057	2,218
9.	Minnesota	14	26,150	1,867
10.	Stanford	16	29,491	1,843
11.	Pacific	14	23,791	1,699
12.	**Penn State**	17	27,590	1,623
13.	New Mexico	15	23,274	1,552
14.	Washington St.	14	21,982	1,570
15.	Washington	10	15,410	1,541
16.	Kansas St.	15	22,603	1,507
17.	Purdue	14	19,093	1,364
18.	N. Iowa	9	11,568	1,285
19.	Oregon St.	10	12,304	1,230
20.	Texas A & M	13	13,871	1,067
21.	Idaho	13	13,656	1,050
22.	Fresno St.	13	12,958	996
23.	UCLA	10	9,148	915
24.	SW Mo. St.	11	9,542	867
25.	Colorado St.	16	13,244	828

RECORDS

Match

Kills

Three Games: 25, JoAnn Elwell vs. Duke, Nov. 4, 1989.
Four Games: 34, Terri Zemaitis vs. George Mason, Oct. 6, 1995.
Five Games: 38, Terri Zemaitis at Illinois, Sept. 23, 1995.

Hitting Efficiency

Three Games: .909, Michelle Jaworski vs. N.C. State, Nov. 4, 1989.
Four Games: .692, Kim Kumfer vs. Pittsburgh, Oct. 21, 1989.
Five Games: .634, Lori Barberich vs. Northwestern, Dec. 1, 1984.

A trio of All-Americans (from left): Michelle Jaworski, Leanne Kling & Noelle Zientara.

Solo Blocks

Three Games: 9, Ellen Crandall vs. G. Washington, Sept. 12, 1981.
Four Games: 7, Saundi Lamoureux vs. Ohio State, Sept. 21, 1994
Five Games: 5, Marcia Leap vs. Tennessee, Nov. 30, 1985;
JoAnn Elwell vs. LSU, Nov. 28, 1987.

Block Assists

Three Games: 10, **Terri Zemaitis at Wisconsin, Sept. 28, 1996.**
Terri Zemaitis at Purdue, Oct. 13, 1995.
Four Games: 13, **Lauren Cacciamani vs. Minnesota, Nov. 30, 1996.**
Five Games: 11, **Lauren Cacciamani at Nebraska, Dec. 14, 1996.**
JoAnn Elwell vs. N.C. State, Oct. 15, 1988.

Service Aces

Three Games: 6, Jen Reimers vs. Temple, Sept. 27, 1992.
Four Games: 5, Elizabeth Ramirez vs. Florida State, Sept. 10, 1988;
Jennifer Schuller vs. Hofstra, Oct. 20, 1990;
Zeynep Ton vs. Ohio State, Oct. 13, 1993.
Five Games: 8, Vida Kernich vs. Northwestern, Nov. 26, 1983.

Digs

Three Games: 25, Noelle Zientara vs. Western Mich., Sept. 23, 1989.
Heidi Rottinghaus vs. Wisconsin, Sept. 30, 1995
Four Games: 28, Laura Cook vs. Minnesota, Sept. 24, 1993.
Five Games: 40, Noelle Zientara vs. N.C. State, Oct. 15, 1988.

The Last Time Penn State ...

Won a Regular-Season Match ..... vs. Minnesota, Nov. 30, 1996 (11-15, 15-7, 15-8, 15-3)
Lost a Regular-Season Match ..... at Ohio State, Oct. 16, 1996 (17-8, 11-10, 10-14, 10-17, 15-17)

Won a Non-Conference Home Match ..... vs. Georgia Tech, Dec. 8, 1996 (15-7, 15-10, 15-13)
Lost a Non-Conference Home Match ..... vs. Nebraska, Sept. 9, 1993 (11-15, 15-9, 4-15, 17-15, 10-15)

Won a Big Ten Home Match ..... vs. Minnesota, Nov. 30, 1996 (11-15, 15-7, 15-8, 15-3)
Lost a Big Ten Home Match ..... vs. Illinois, Nov. 24, 1995 (15-17, 13-15, 15-9, 15-3, 15-11)

Won a Big Ten Regular-Season Match ..... vs. Minnesota Nov. 30, 1996 (11-15, 15-7, 15-8, 15-3)
Lost a Big Ten Regular-Season Match ..... at Ohio State, Oct. 16, 1996 (17-8, 11-10, 10-14, 10-17, 15-17)

Swept a Non-Conference Regular-Season Match ..... vs. Alabama, Sept. 21, 1996 (15-2, 15-2, 15-5)
Was Swept in a Non-Conference Regular-Season Match ... at Nebraska, Aug. 25, 1995 (4-15, 3-15, 6-15)

Swept a Big Ten Regular-Season Match ..... at Michigan, Nov. 15, 1996 (15-6, 15-4, 15-11)
Was Swept in a Big Ten Regular-Season Match ..... at Michigan State, Nov. 17, 1995 (14-16, 8-15, 7-15)

Penn State Swept Any Opponent at Home ..... vs. Georgia Tech, Dec. 8, 1996 (15-7, 15-10, 15-13)
Penn State Was Swept By Any Opponent (Home) ..... vs. Ohio State, Nov. 1, 1995 (5-15, 14-16, 13-15)
Penn State Was Swept By Any Opponent (Away) ..... at Michigan State, Nov. 17, 1995 (14-16, 8-15, 7-15)

RECORDS

Season

Kills

666	Lori Barberich, 1983
603	Lori Barberich, 1981
580	Terri Zemaitis, 1995
535	**Terri Zemaitis, 1996**
513	Ellen Crandall, 1981
512	Lori Barberich, 1984
501	Lori Barberich, 1982
483	JoAnn Elwell, 1990
480	Leanne Kling, 1991

Hitting Percentage

.500	Lori Barberich, 1981
.480	JoAnn Elwell, 1990
.437	Leanne Kling, 1990
.413	Ellen Hensler, 1985
.396	JoAnn Elwell, 1989
.386	**Bonnie Bremner, 1996**
.382	Lori Barberich, 1983
.375	Lori Barberich, 1984
.373	**Lauren Cacciamani, 1996**
.369	Noelle Zientara, 1990
.354	Salima Davidson, 1994

Attacks

1,394	Lori Barberich, 1983
1,319	Terri Zemaitis, 1995
1,212	Laura Cook, 1994

Blocks

400	Marcia Leap, 1983
325	Lori Barberich, 1983
315	Ellen Hensler, 1983
207	**Terri Zemaitis, 1996**
205	Saundi Lamoureux, 1993
190	Terri Zemaitis, 1995
188	JoAnn Elwell, 1988
187	Marcia Leap, 1985
183	JoAnn Elwell, 1989
177	JoAnn Elwell, 1987
177	Leanne Kling, 1991

Aces

70	Noelle Zientara, 1988
61	Vida Kernich, 1986
60	Ellen Hensler, 1985
60	Michelle Jaworski, 1988
59	Lisa Chidester, 1983
59	Ellen Hensler, 1986
55	Vida Kernich, 1983
54	Lori Barberich, 1983
51	Lisa Chidester, 1985
49	Ellen Hensler, 1984
47	Elizabeth Ramirez, 1986

Digs

523	Noelle Zientara, 1988
507	Kim Kumfer, 1991
479	Heidi Rottinghaus, 1995
443	Ellen Hensler, 1986
440	Angie Kammer, 1996
437	Laura Cook, 1994
430	Kim Kumfer, 1990
427	Angie Kammer, 1995
424	Noelle Zientara, 1989
417	Noelle Zientara, 1990
409	Jenny Schuller, 1991

Assists

1,966	Michelle Jaworski, 1990
1,741	Ellen Hensler, 1986
1,713	Michelle Jaworski, 1988
1,697	Michelle Jaworski, 1989
1,579	Leslie Peters, 1983
1,500	Salima Davidson, 1994
	Samantha Spink, 1995
1,478	**Bonnie Bremner, 1996**
1,454	Salima Davidson, 1993
1,442	Ellen Hensler, 1984
1,397	Ellen Hensler, 1985
1,265	Salima Davidson, 1992

Career

Kills

2,282	Lori Barberich, 1981-84
1,577	JoAnn Elwell, 1987-90
1,482	Marcia Leap, 1982-85

Hitting Efficiency

.385	JoAnn Elwell, 1987-90
.384	Lori Barberich, 1981-84

Solo Blocks

547	Saundi Lamoureux, 1991-94
531	Lori Barberich, 1981-84

Assists

6,596	Michelle Jaworski, 1987-90
5,455	Salima Davidson, 1991-94
4,774	Ellen Hensler, 1983-86

Services Aces

235	Ellen Hensler, 1983-86
186	Vida Kernich, 1983-86
175	Lori Barberich, 1981-84

Digs

1,685	Kim Kumfer, 1989-92
1,522	Noelle Zientara, 1987-90
1,293	Ellen Hensler, 1983-86
1,278	Salima Davidson, 1991-94

Attacks

4,501	Lori Barberich, 1981-84
3,601	Marcia Leap, 1982-85

Team

Winning Streak

44 — 1990
29 — 1981
26 — 1988, 1989
25 — 1992
23 — 1986
20 — 1993
18 — 1985

Consecutive Regular-Season Wins

52 — 1990-91

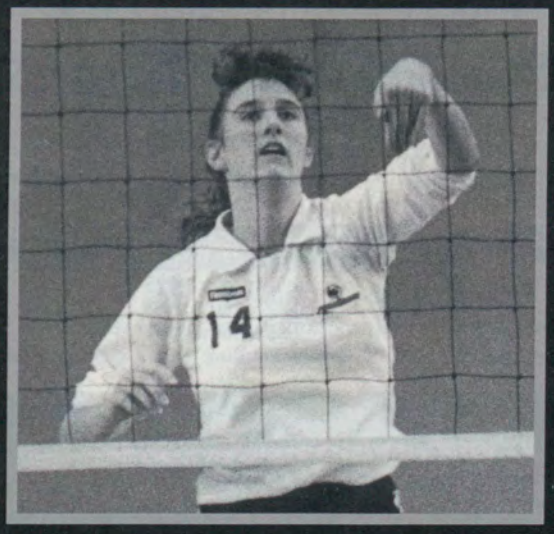
Home Winning Streaks

42 — 1989-91
37 — 1987-89
31 — 1991-93
26 — 1993-95

Sweeps In A Season

40 — 1990 (NCAA Record)
29 — 1989
28 — 1985
27 — 1986
26 — 1993, 88
25 — 1992
24 — 1995
23 — 1983

ALL-AMERICANS



Penn State has assisted me in reaching the pinnacle of my professional, academic and athletic capabilities. The University has opened doors of opportunity I could never have thought possible. The dedication and discipline instilled in me while attending Penn State will continue to persevere throughout my life.

— Ellen Hensler, All-American, 1985-86

Penn State prepared me academically, as well as athletically, to move into a career with which I am extremely happy and successful. It challenged me to achieve all the goals which I had set for myself, as well as some I never thought I was capable of attaining. My years at Penn State were and will continue to be some of the finest and most memorable years of my life.

— JoAnn Elwell, All-American, 1989-90

Talent-wise, I don't think we were the second-best team in the nation. I think our team's cohesion was good and we worked well together. It's a tradition on the volleyball team at Penn State that everyone makes the effort and sacrifice to get along and that really helps.

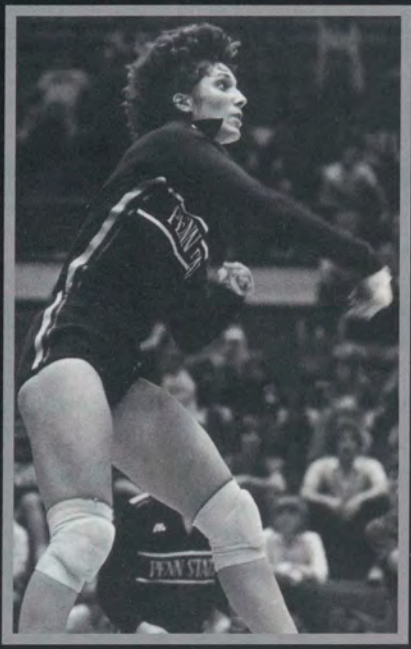
— Salima Davidson (All-American, 1992-94) on the team's second-place national finish in 1993.

I think the Penn State crowd is really knowledgeable of volleyball. I think they really enjoy watching us play. The students and the rest of the crowd really get involved when we play.

— Saundi Lamoureux (All-American, 1994) on the Rec Hall crowds.

Looking back on my four years at Penn State, it is truly a wonderful feeling to know that I reached my full potential both academically and athletically. The volleyball program provided an excellent competitive environment and the training that is necessary to attain success. I am very fortunate to have had the opportunity to compete in a Top 10 Division I volleyball program while receiving a quality education at Penn State. This positive experience laid the foundation for all of my present and future endeavors.

— Lori Barberich-Rose, All-American, 1982-84



ALL-AMERICANS

College is supposed to be the best four years of your life. Playing volleyball at Penn State proved to be one of the greatest experiences I've ever had. I'll never forget the memories.

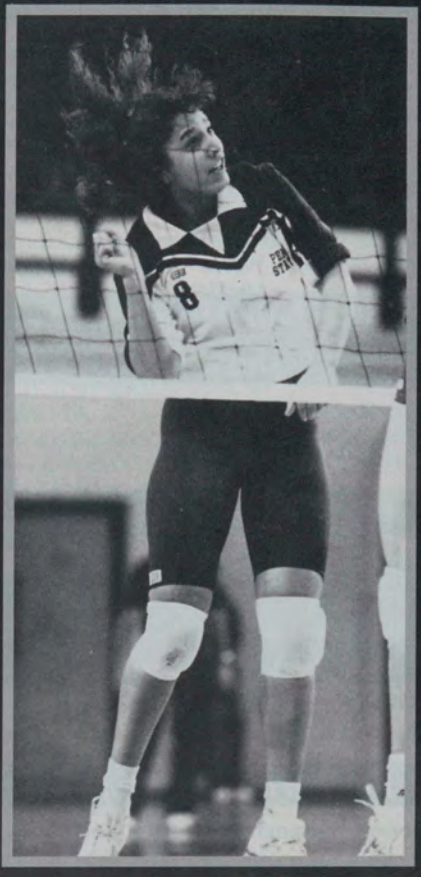
— Noelle Zientara, All-American, 1988, 90

I felt really comfortable with the players and Coach. I immediately felt at home on my recruiting trip. I like the mountains and the scenery at Penn State. The education and the athletic program just make it a perfect college environment.

— Laura Cook (All-American,1994) on why she decided to attend Penn State.

I am very proud to be one of the pioneers who initiated the on-going tradition of success of Penn State volleyball. Penn State is in my heart. I look back very fondly on the academic and athletic experiences I encountered during my undergraduate years.

— Ellen Crandall-Orner, All-American, 1979-81



The greatest statement I could make about my career at Penn State would be that if I had to make the choice again, I would still choose to attend Penn State. The school and program were great for me because it provided me with an atmosphere that allowed me to develop into the best student-athlete I could be.

— Michelle Jaworski, All-American, 1989-90

Penn State was the perfect choice for me because it allowed me to develop and mature as a player and person in a relaxed and enjoyable environment. I wouldn't trade my years as a Penn State athlete for anything.

— Leanne Kling, All-American, 1991-92

HONORS & AWARDS

All-Americans

Ellen Crandall, 1979, 80, 81
Lori Barberich, 1982, 83, 84
Ellen Hensler, 1985, 86
Noelle Zientara, 1988, 90
JoAnn Elwell, 1989, 90
Michelle Jaworski, 1989, 90
Leanne Kling, 1991, 1992
Salima Davidson, 1992, 93, 94
Laura Cook, 1994
Saundi Lamoureux, 1994
Terri Zemaitis, 1995, 96
Bonnie Bremner, 1996
Angie Kammer, 1996

AAU All-Americans

Noelle Zientara, 1987
Tammy Cairl, 1988
Jennifer Schuller, 1988
Terri Zemaitis, 1993
Bonnie Bremner, 1994, 95

Academic All-Americans

Lisa Vernon, 1982
Pam Schaffer, 1983
Carla LeJeune, 1983
Vida Kernich, 1986
Saundi Lamoureux, 1994
Zeynep Ton, 1994, 95

Broderick Award Nominees

Ellen Crandall, 1982
Lori Barberich, 1984

USVBA All-Rookie Team

Ellen Crandall, 1981
Maria Josjoe, 1985

United States National Team

Ellen Crandall, 1979-80
Ellen Hensler, 1987
Michelle Jaworski, 1991
Leanne Kling, 1993
Salima Davidson, 1996

United States National "B" Team

Michelle Jaworski, 1990
JoAnn Elwell, 1990 (alternate)
Salima Davidson, 1993, 1994

USVBA Junior Elite Team

Noelle Zientara, 1987
Heidi Rottinghaus, 1993
Emily Stout, 1994
Bonnie Bremner, 1994
Lauren Cacciamani, 1995
Nadia Edwards, 1995, 96, 97
Katie Schumacher, 1996, 97

Lori Barberich is the Penn State career kill

USVBA All-America Team

JoAnn Elwell, 1994, 95, 96, 97
Ellen Crandall 1980, 81, 90-96
Lauren Cacciamani, 1997

U.S. Olympic Festival (1978-94)

Ellen Crandall, 1978, 79
Leslie Peters, 1981, 82
Jan Mosier, 1981
Patty Skadeland, 1982
Pam Schaffer, 1982 (alternate)
Lori Barberich, 1982, 83
Marcia Leap, 1982, 83 (alternate)
Ellen Hensler, 1983
Denise Navoney, 1984
Vida Kernich, 1984 (alternate)
Michelle Jaworski, 1987, 91
Elizabeth Ramirez, 1987
Heidi Pilecki, 1987 (alternate)
Tammy Cairl, 1989 (alternate)
Jennifer Schuller, 1989 (alternate)
Sue Boner, 1990
Leanne Kling, 1990
Kim Kumfer, 1990
Noelle Zientara, 1991
Salima Davidson, 1991 (alternate)
Laura Cook, 1993
Terri Zemaitis, 1994
Lindsay Anderson, 1994 (alternate)

Swedish National Team

Maria Josjoe, 1981-85

Puerto Rican National Team

Elizabeth Ramirez, 1984-89

World University Games Team

Ellen Crandall, 1979-81
Lori Barberich, 1985
Ellen Hensler, 1987
Leanne Kling, 1993

AVCA All-Region

Lori Barberich, 1981
Ellen Crandall, 1981
Lisa Leap, 1986
JoAnn Elwell, 1990
Michelle Jaworski, 1990
Salima Davidson, 1993, 94
Saundi Lamoureux, 1993
Zeynep Ton, 1993, 94
Laura Cook, 1994
Terri Zemaitis, 1996
Salima Davidson, 1993, 94

NCAA Championship All-Tournament Team

Jen Reimers, 1993
Zeynep Ton, 1993
Salima Davidson, 1993, 94

NCAA Tournament All-Region Teams

Ellen Hensler, 1986
Lisa Leap, 1986, 87
Elizabeth Ramirez, 1986, 88
Michelle Jaworski, 1987, 88
JoAnn Elwell, 1987, 88
Noelle Zientara, 1988
JoAnn Elwell, 1990
Michelle Jaworski, 1990
Leanne Kling, 1990, 91, 92
Noelle Zientara, 1990
Salima Davidson, 1991, 92, 93, 94
Jenny Schuller, 1991
Laura Cook, 1992, 94
Kim Kumfer, 1992
Saundi Lamoureux, 1993, 94
Jen Reimers, 1993
Zeynep Ton, 1993, 94,95
Terri Zemaitis, 1995
Bonnie Bremner, 1996
Lauren Cacciamani, 1996
Terri Zemaitis, 1996

Volleyball Magazine All-Freshman Team

Terri Zemaitis, 1994
Bonnie Bremner, 1996
Lauren Cacciamani, 1996

Big Ten Player-of-the-Year

Leanne Kling, 1992
Salima Davidson, 1993
Terri Zemaitis, 1995

Big Ten Coach-of-the-Year

(Voted by coaches and media)
Russ Rose, 1992, 93, 96

Big Ten Freshman-of-the-Year

Bonnie Bremner, 1996

HONORS & AWARDS

All-Big Ten

First-Team
Leanne Kling, 1991, 92
Laura Cook, 1992, 94
Salima Davidson, 1992, 93, 94
Saundi Lamoureux, 1993, 94
Jen Reimers, 1993
Zeynep Ton, 1993, 95
Terri Zemaitis, 1995, 96
Bonnie Bremner, 1996
Lauren Cacciamani, 1996
Angie Kammer, 1996

Second-Team
Salima Davidson, 1991
Jenny Schuller, 1991

Honorable-Mention
Kim Kumfer, 1991, 92
Saundi Lamoureux, 1992
Laura Cook, 1993
Zeynep Ton, 1994
Angie Kammer, 1995

Big Ten Player-of-the-Week

Leanne Kling, Oct. 7, 1991
Laura Cook, Sept. 21, 1992
Salima Davidson, Sept. 28, 1992
Leanne Kling, Oct. 19, 1992
Salima Davidson, Sept. 13, 1993
Jen Reimers, Oct. 4 & 18, Nov. 1, 1993
Laura Cook, Oct. 17, 1994
Terri Zemaitis, Nov. 13, 1995, Sept. 16, 1996
Angie Kammer, Nov. 11, 1996

Academic All Big-Ten

Sue Boner, 1991
Laura Cook, 1992, 93, 94
Pam Petro, 1991
Michelle Robinson, 1991
Jenny Schuller, 1991
Erika Spencer, 1991, 92
Laura Stober, 1991
Kristi Hart, 1992
Saundi Lamoureux, 1992, 93, 94
Julie Miller, 1992
Jenny Myszewski, 1992, 93
Jen Reimers, 1992, 93, 94
Andrea Boner, 1993, 94
Zeynep Ton, 1993, 94, 95
Heidi Rottinghaus, 1994, 95
Jen Burdis, 1994, 95, 96
Lindsay Anderson, 1995
Teri Wroblewski, 1995, 96
Cara Armstrong, 1996
Christy Cochran, 1996
Heidi Rottinghaus, 1996

Atlantic 10 Player-of-the-Year

(From 1983-1990)
Lori Barberich, 1983, 84
Marcia Leap, 1985
Ellen Hensler, 1986
Lisa Leap, 1987
Noelle Zientara, 1988
JoAnn Elwell, 1989
Michelle Jaworski, 1990

All-Atlantic 10

(From 1982-1990)
Patty Skadeland, 1982
Lori Barberich, 1982, 83, 84
Marcia Leap, 1984, 85
Ellen Hensler, 1984, 85, 86
Vida Kernich, 1985, 86
Lisa Leap, 1986, 87
Elizabeth Ramirez, 1986, 87, 88, 89
Michelle Jaworski, 1987, 88, 89, 90
Tammy Cairl, 1988
JoAnn Elwell, 1988, 89, 90
Noelle Zientara, 1988, 89, 90
Kim Kumfer, 1989, 90
Jennifer Schuller, 1989
Leanne Kling, 1990

Atlantic 10 Rookie-of-the-Year

(From 1983-1990)
Elizabeth Ramirez, 1986
JoAnn Elwell, 1987
Tammy Cairl, 1988
Kim Kumfer, 1989

Atlantic 10 All-Tournament Team

(From 1982-1990)
Lori Barberich, 1982, 83, 84
Patty Skadeland, 1982
Marcia Leap, 1983, 84, 85
Leslie Peters, 1983, 84
Ellen Hensler, 1984, 85, 86
Lisa Chidester, 1985
Lisa Leap, 1986, 87
Vida Kernich, 1986
Elizabeth Ramirez, 1986, 87
Noelle Zientara, 1987, 88, 90
Joanne Elwell, 1988, 89
Michelle Jaworski, 1988, 89, 90
Jennifer Schuller, 1989, 90

Atlantic 10 Tournament M.V.P.

(From 1983-1990)
Lori Barberich, 1983, 84
Ellen Hensler, 1985, 86
Lisa Leap, 1987
Noelle Zientara, 1988
Michelle Jaworski, 1989
Jennifer Schuller, 1990

Atlantic 10 All-Academic

(From 1982-1990)
Pam Schaffer, 1982
Carla LeJeune, 1982
Lisa Vernon, 1982
Lynn Koltookian, 1983
Vida Kernich, 1984, 85, 86
Ellen Hensler, 1985
Julie Firth, 1989
Laura Stober, 1989
JoAnn Elwell, 1990
Michele Robinson, 1990

Volleyball Monthly Freshmen To Watch

(Started in 1983)
Ellen Hensler, 1983
Vida Kernich, 1983
Lisa Leap, 1984
Heidi Pilecki, 1985
Michelle Jaworski, 1986
Elizabeth Ramirez, 1986
Noelle Zientara, 1987
Tammy Cairl, 1988
Kim Kumfer, 1989
Leanne Kling, 1989
Saundi Lamoureux, 1991
Jenny Myszewski, 1991
Angela Kammer, 1993
Heidi Rottinghaus, 1993
Terri Zemaitis, 1994
Nikki Higley, 1995
Emily Stout, 1995
Bonnie Bremner, 1996
Lauren Cacciamani, 1996
Carrie Schonveld, 1996

Major League Volleyball

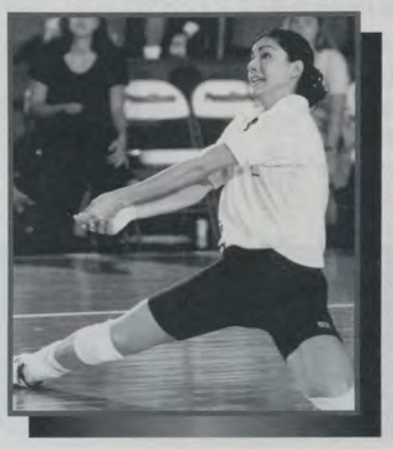
(Started in 1987)
Ellen Crandall-Orner: Chicago, Dallas, New York, 1987-88
Lori Barberich-Rose: Dallas, 1987
Jan Mosier-Hudson: Minnesota, 1987-88
Ellen Hensler: San Francisco, Minnesota, 1987-88
Michelle Jaworski: Minnesota, 1991

Athletes In Action

Chris Lennon, 1983, 84
Laurie Dietsch, 1986

Special Awards

Pam Schaffer, 1984 Ernest B. McCoy Award
Michelle Robinson, 1992 Ernest B. McCoy Award
Ellen Hensler, 1987 Pittsburgh Team Sports Award
Lisa Leap, 1988 Yugo East-West All-Star Classic
Kristi Hart, 1993 Student Marshal (College of Health & Human Development)
Zeynep Ton, 1995 Evan Pugh Award



Zeynep Ton earned Academic All-America honors in both 1994 &

SERIES RECORDS

Opponent	Record	Series Began	Last Win/Loss
Akron	2-0	1988	1990/—
Alabama	1-0	1996	1996/—
Alabama-Birmingham	1-0	1988	1988/—
American	2-0	1977	1979/—
Arizona	2-1	1987	1991/1987
Army	3-0	1990	1992/—
Ball State	2-0	1994	1994/—
Baylor	1-0	1996	1996/—
Bridgeport	1-0	1976	1976/—
Brigham Young	1-3	1983	1993/1984
Brigham Young-Hawaii	1-0	1992	1992/—
Brockport	0-1	1977	—/1977
Brooklyn	1-0	1977	1977/—
Brown	1-0	1984	1984/—
Bucknell	5-0	1976	1979/—
Buffalo	2-0	1977	1979/—
Cal Poly San Luis Obispo	1-0	1990	1990/—
Cal State-Irvine	1-0	1986	1986/—
Cal State-Long Beach	2-1	1983	1990/1993
Cal State - Northridge	1-0	1995	1995/—
Cal State-Santa Barbara	0-1	1986	—/1986
Carleton*	1-0	1984	1984/—
Central Michigan	4-0	1987	1994/—
Cincinnati	4-0	1981	1989/—
Clarion	2-0	1978	1979/—
Clemson	1-0	1982	1982/—
Cleveland State	3-1	1977	1987/1977
Colgate	1-0	1979	1979/—
Colorado	4-1	1989	1993/1989
Colorado State	2-0	1980	1986/—
Connecticut	6-1	1977	1996/1977
Cortland	1-3	1977	1979/1978
Delaware	2-0	1979	1981/—
Duke	7-0	1985	1995/—
Duquesne	7-1	1976	1990/1976
East Carolina	2-0	1980	1981/—
Eastern Illinois	2-0	1986	1990/—
Eastern Kentucky	3-1	1981	1988/1985
East Stroudsburg	4-5	1976	1980/1977
Edinboro	4-3	1981	1981/1978
Fairleigh Dickinson	4-0	1980	1982/—
Florida	3-0	1986	1989/—
Florida International	1-0	1981	1981/—
Florida State	2-1	1983	1994/1983
Franklin & Marshall	1-0	1976	1976/—
George Mason	8-0	1986	1995/—
Georgetown	22-5	1976	1991/1979
George Washington	19-2	1977	1991/1980
Georgia	0-1	1986	—/1986
Georgia Tech	3-0	1993	1996/—
Grove City	1-0	1979	1979/—
Hawaii	1-0	1993	1993/—
Hofstra	6-0	1981	1990/—
Houston	2-2	1980	1987/1982
Howard	1-0	1979	1979/—
Illinois	11-4	1981	1996/1995
Illinois-Chicago Circle	3-0	1982	1989/—
Illinois State	2-2	1981	1993/1985
Immaculata	0-1	1976	—/1976
Indiana	14-0	1982	1996/—
Indiana (Pa.)	5-1	1976	1979/1976
Iowa	12-0	1991	1996/—
Iowa State	1-0	1995	1995/—
Jacksonville	1-0	1986	1986/—
James Madison	3-0	1977	1982/—
Kean	1-0-1	1976	1978/—
Kent State	6-0	1981	1994/—
Kentucky	5-1	1982	1986/1983
Lamar	1-0	1982	1982/—
Laurentian*	2-0	1980	1985/—
Lehigh	4-0	1989	1995/—
Liberty	2-0	1989	1990/—
Long Beach State	2-1	1989	1990/1993
Louisiana State	8-2	1982	1996/1992
Louisville	3-1	1982	1986/1983
Loyola (Md.)	1-0	1981	1981/—
Mansfield	2-0	1977	1978/—
Maryland	17-4-1	1976	1990/1980
Maryland-Baltimore County	1-0	1981	1981/—
Massachusetts	7-0	1986	1996/—
Memphis (State)	2-0	1988	1996/—
Miami (O.)	2-0	1990	1991/—
Michigan	13-1	1981	1996/1995
Michigan State	9-4	1985	1996/1996
Minnesota	12-2	1983	1996/1993
Missouri	3-0	1984	1987/—
Montana	1-0	1983	1983/—
Morehead State	1-0	1983	1983/—
Navy	5-1	1978	1980/1979
Nebraska	2-9	1981	1994/1996
New Hampshire	1-0	1983	1983/—
New Mexico	1-1	1989	1995/1989
New Mexico State	1-0	1985	1985/—
New York Tech	2-0	1979	1985/—
New Orleans	1-0	1996	1996/—
North Carolina	5-0	1981	1989/—
North Carolina-Greensboro	0-1	1977	—/1977
North Carolina State	6-0	1978	1989/—
Northeastern	1-0	1988	1988/—
Northern Illinois	1-0	1993	1993/—
Northwestern	14-6	1981	1996/1991
Notre Dame	8-1	1984	1996/1988
Ohio State	12-9	1981	1996/1996
Oklahoma	1-0	1981	1981/—
Oneonta	1-0	1978	1978/—
Oregon	1-0	1985	1985/—
Oregon State	1-0	1995	1995/—
Pacific	1-3	1981	1984/1984
Pennsylvania	5-0	1977	1985/—
Pittsburgh	27-16	1977	1993/1987
Portland State	1-0	1983	1983/—
Princeton	6-2	1977	1984/1977

SERIES RECORDS

Opponent	Record	Series Began	Last Win/Loss
Providence	10-0	1981	1988/—
Purdue	16-5	1981	1996/1987
Queens	3-0	1981	1986/—
Rhode Island	24-1	1979	1990/1985
Rice	1-0	1985	1985/—
Robert Morris	2-0	1976	1977/—
Rutgers	20-9	1977	1994/1982
St. Bonaventure	9-0	1987	1996/—
Salisbury State	3-0-1	1976	1977/—
San Diego State	2-3	1980	1990/1988
San Francisco	1-0	1994	1994/—
San Jose State	1-2	1983	1989/1986
Slippery Rock	2-1	1976	1977/1976
South Carolina	1-0	1981	1981/—
Southeastern Louisiana	1-0	1992	1992/—
Southern California	0-1	1980	—/1980
Southern Connecticut	2-0	1978	1980/—
Southern Illinois	3-1	1982	1993/1987
South Florida	2-0	1986	1988/—
Southwest Missouri	1-1	1981	1988/1981
Stanford	0-1	1992	—/1992
Syracuse	6-0	1977	1992/—
Temple	13-3	1977	1992/1978
Tennessee	5-3	1982	1989/1984
Texas	1-6	1982	1990/1989
Texas A & M	3-0	1983	1990/—
Texas-Arlington	3-4	1981	1990/1989
Toledo	2-0	1983	1985/—
Towson	1-0	1980	1980/—
Trenton State	0-0-1	1976	—/—
UCLA	1-4	1983	1994/1994
Utah	1-0	1983	1983/—
Utah State	2-0	1983	1984/—
Villanova	8-0	1985	1992/—
Virginia	4-0	1982	1990/—
Virginia Commonwealth	2-1	1977	1986/1977
Wake Forest	1-0	1978	1978/—
Washington	1-1	1992	1995/1992
Washington College	1-0	1978	1978/—
Washington State	1-0	1996	1996/—
West Chester	2-0	1977	1979/—
Western Michigan	5-3	1980	1991/1987
West Texas State	1-0	1985	1985/—
West Virginia	22-0	1976	1995/—
William & Mary	9-1	1976	1996/1976
Wisconsin	15-0	1986	1996/—
Wyoming	3-0	1981	1986/—
Yale	2-0	1978	1978/—

**Competition against Canadian schools is not included in NCAA totals.*

At A Glance

The Big Ten Conference in the NCAA Championship

1.	Penn State	16	1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96
2.	Illinois	11	1985, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95
3.	Ohio State	8	1989, 90, 91, 92, 93, 94, 95, 96
4.	Purdue	7	1981, 82, 83, 84, 85, 87, 90
5.	Wisconsin	5	1990, 91, 93, 94, 96
6.	Northwestern	4	1981, 82, 83, 84
7.	Michigan State	3	1994, 95, 96
	Minnesota	3	1989, 93, 96
9.	Iowa	2	1989, 94
10.	Indiana	1	1995

Penn State is one of only four teams in the country that has competed in all 16 NCAA Championship Tournaments.

Penn State in the USA Today/ AVCA Final Poll

1984:	14th	1991:	16th
1985:	20th	1992:	9th
1986:	14th	1993:	7th
1988:	20th	1994:	5th
1989:	11th	1995:	8th
1990:	6th	1996:	5th

Only 11 teams in the nation have competed in the last seven NCAA Championships. Here's a glance at the success of those elite programs:

Long Beach State	220-31	.876
PENN STATE	218-31	.875
Nebraska	201-29	.874
Brigham Young	187-43	.813
Stanford	194-46	.808
Florida	201-48	.807
Ohio State	182-44	.805
Hawaii	179-46	.796
Texas	188-51	.787
Pacific	177-52	.773
Cal Santa Barbara	177-59	.750

YEAR-BY-YEAR (SINCE 1986)

1995: 27-8 OVERALL, 14-6 BIG TEN

A	25	Nebraska	A	L	0-3
A	26	CS Northridge	N	W	3-0
S	1	Louisiana State	H	W	3-0
S	2	West Virginia	H	W	3-0
S	2	Washington	H	W	3-0
S	8	Iowa State	N	W	3-0
S	9	Oregon State	N	W	3-0
S	9	New Mexico	A	W	3-0
S	15	Lehigh	H	W	3-0
S	16	St. Bonaventure	H	W	3-0
S	16	Connecticut	H	W	3-0
S	22	Indiana	A	W	3-0
S	23	Illinois	A	W	3-2
S	29	Minnesota	H	W	3-0
S	30	Wisconsin	H	W	3-0
O	4	Ohio State	A	L	1-4
O	6	George Mason	H	W	3-1
O	7	Iowa	H	W	3-1
O	13	Purdue	A	W	3-0
O	14	Northwestern	A	W	3-0
O	17	Duke	H	W	3-0
O	20	Michigan	H	W	3-0
O	21	Michigan State	H	L	2-3
O	27	Wisconsin	A	W	3-0
O	28	Minnesota	A	W	3-0
N	1	Ohio State	H	L	0-3
N	3	Iowa	H	L	3-0
N	10	Northwestern	H	W	3-0
N	11	Purdue	H	W	3-0
N	17	Michigan State	A	L	0-3
N	18	Michigan	A	L	2-3
N	24	Illinois	H	L	2-3
N	25	Indiana	H	W	3-0
D	3	Georgia Tech	H	W	3-0
D	8	Nebraska	A	L	1-3

1994: 31-4 OVERALL, 17-3 BIG TEN

S	1	San Francisco	H	W	3-0
S	2	Central Michigan	H	W	3-0
S	3	Rutgers	H	W	3-0
S	3	American	H	W	3-0
S	9	UCLA	N	W	3-1
S	10	Florida State	A	W	3-0
S	10	LSU	N	W	3-0
S	16	Kent State	H	W	3-0
S	17	St. Bonaventure	H	W	3-0
S	17	Connecticut	H	W	3-0
S	21	Ohio State	H	L	1-3
S	23	Indiana	A	W	3-1
S	24	Ball State	A	W	3-1
S	30	Iowa	A	W	3-0
O	1	Minnesota	A	W	3-1
O	7	Michigan State	H	W	3-1
O	8	Michigan	H	W	3-0
O	14	Wisconsin	A	W	3-0
O	15	Northwestern	A	W	3-0
O	21	Illinois	H	W	3-0
O	22	Purdue	H	W	3-0
O	28	Minnesota	H	W	3-0
O	29	Iowa	H	W	3-0
N	4	Michigan	A	W	3-0
N	5	Michigan State	A	L	2-3
N	11	Northwestern	H	W	3-0
N	12	Wisconsin	H	W	3-0
N	18	Purdue	A	W	3-0
N	19	Illinois	A	W	3-0
N	23	Ohio State	A	L	1-3
N	26	Indiana	H	W	3-0
D	3	Ball State	H	W	3-0
D	9	Notre Dame	N	W	3-0
D	10	Nebraska	A	W	3-1
D	15	UCLA	N	L	2-3

1993: 31-5 OVERALL, 18-2 BIG TEN

S	2	Southern Illinois	H	W	3-0
S	3	Pittsburgh	H	W	3-0
S	4	West Virginia	H	W	3-2
S	4	Nebraska	H	L	2-3
S	9	UCLA	N	L	1-3
S	10	Hawaii	A	W	3-0
S	11	Georgia Tech	N	W	3-0
S	17	St. Bonaventure	H	W	3-0
S	18	Lehigh	H	W	3-0
S	18	Connecticut	H	W	3-0
S	24	Minnesota	H	W	3-1
S	25	Iowa	H	W	3-0
O	1	Northwestern	A	W	3-0
O	2	Wisconsin	A	W	3-1
O	8	Purdue	H	W	3-0
O	9	Indiana	H	W	3-0
O	13	Ohio State	H	W	3-0
O	15	Illinois	A	W	3-0
O	16	Illinois State	A	W	3-0
O	22	Michigan State	A	W	3-0
O	23	Michigan	A	W	3-0
O	29	Wisconsin	H	W	3-0
O	30	Northwestern	H	W	3-0
N	5	Indiana	A	W	3-0
N	6	Purdue	A	W	3-0
N	10	Ohio State	A	L	2-3
N	13	Illinois	H	W	3-0
N	19	Michigan	H	W	3-0
N	20	Michigan State	H	W	3-0
N	26	Iowa	A	W	3-0
N	27	Minnesota	A	L	1-3
D	4	Northern Illinois	H	W	3-0
D	9	Colorado	N	W	3-2
D	10	Notre Dame	N	W	3-0
D	16	Brigham Young	N	W	3-1
D	18	Long Beach State	N	L	1-3

1992: 28-4 OVERALL, 19-1 BIG TEN

S	4	SE Louisiana	N	W	3-0
S	5	Washington	N	L	0-3
S	5	LSU	A	L	0-3
S	11	Kent State	H	W	3-0
S	12	Army	H	W	3-0
S	12	Syracuse	H	W	3-0
S	18	BYU-Hawaii	H	W	3-0
S	19	West Virginia	H	W	3-0
S	25	Villanova	H	W	3-0
S	26	Illinois	H	W	3-2

The Nittany Lions also took time to do some sightseeing on their spring trip to Stanford.

S	27	Temple	H	W	3-0
O	2	Indiana	A	W	3-0
O	3	Purdue	A	W	3-1
O	9	Michigan State	H	W	3-0
O	10	Michigan	H	W	3-0
O	14	Ohio State	A	W	3-0
O	17	Wisconsin	A	W	3-0
O	23	Minnesota	A	W	3-0
O	24	Iowa	A	W	3-0
O	30	Purdue	H	W	3-0
O	31	Indiana	H	W	3-0
N	6	Michigan	A	W	3-0
N	7	Michigan State	A	W	3-0
N	11	Ohio State	H	W	3-0
N	13	Wisconsin	H	W	3-0
N	20	Iowa	H	W	3-0
N	21	Minnesota	H	W	3-1
N	27	Illinois	A	L	0-3
N	28	Northwestern	A	W	3-0
D	3	Notre Dame	H	W	3-0
D	10	Stanford	N	L	0-3

1991: 26-6 OVERALL, 15-5 BIG TEN

A	30	Pittsburgh	A	W	3-2
A	31	Arizona	N	W	3-1
A	31	Miami (Ohio)	N	W	3-0
S	1	Arizona	N	W	3-0
S	13	Georgetown	H	W	3-0
S	14	Army	H	W	3-0
S	14	West Virginia	H	W	3-0
S	20	George Washington	H	W	3-0
S	21	W. Michigan	H	W	3-1
S	27	Indiana	H	W	3-1
S	28	Ohio State	H	L	2-3
O	4	Illinois	A	L	2-3
O	5	Purdue	A	W	3-1
O	11	Michigan	H	W	3-0
O	12	Michigan State	H	W	3-0
O	18	Iowa	A	W	3-0
O	19	Minnesota	A	L	1-3
O	23	Pittsburgh	H	W	3-1
O	25	Northwestern	H	W	3-0
O	26	Wisconsin	H	W	3-2
N	1	Purdue	H	W	3-0
N	2	Illinois	H	W	3-0
N	8	Michigan State	A	W	3-0
N	9	Michigan	A	W	3-0
N	15	Minnesota	H	W	3-2
N	16	Iowa	H	W	3-0
N	22	Wisconsin	A	W	3-1
N	23	Northwestern	A	L	2-3
N	29	Ohio State	A	L	0-3
N	30	Indiana	A	W	3-0
D	7	Colorado	H	W	3-2
D	13	Ohio State	N	L	2-3

1990: 44-1, 8-0 ATLANTIC 10

A	31	Miami(Ohio)	H	W	3-0
S	1	Army	H	W	3-0
S	1	Villanova	H	W	3-0
S	2	Lehigh	W	W	3-0
S	2	St. Bonaventure	H	W	3-0
S	7	Maryland	H	W	3-0
S	8	Georgetown	H	W	3-0
S	13	Eastern Illinois	H	W	3-0
S	15	Virginia	H	W	3-0
S	21	Texas A&M	N	W	3-0
S	22	Cal Poly-SLO	N	W	3-0
S	22	LSU	A	W	3-1
S	28	Notre Dame	A	W	3-0
S	29	Western Michigan	A	W	3-0
O	2	St. Bonaventure	A	W	3-0
O	2	Akron	N	W	3-0

O	5	Long Beach State	N	W	3-0
O	6	Colorado	N	W	3-1
O	12	West Virginia	A	W	3-0
O	13	Kent State	N	W	3-0
O	13	Duquesne	A	W	3-0
O	14	Pittsburgh	A	W	3-0
O	16	Duke	H	W	3-0
O	19	Rutgers	A	W	3-0
O	20	Hofstra	A	W	3-1
O	20	Temple	A	W	3-0
O	26	Massachusetts	H	W	3-0
O	27	George Washington	H	W	3-0
O	27	Rhode Island	H	W	3-0
O	28	Notre Dame	H	W	3-0
O	29	Southern Illinois	H	W	3-0
N	2	Connecticut	H	W	3-0
N	3	Liberty	H	W	3-0
N	9	Pittsburgh	H	W	3-0
N	10	William & Mary	H	W	3-0
N	10	Texas-Arlington	H	W	3-0
N	12	Ohio State	A	W	3-1
N	16	West Virginia	N	W	3-0
N	17	George Washington	N	W	3-0
N	23	San Diego State	N	W	3-0
N	24	Texas	A	W	3-0
N	29	Purdue	H	W	3-0
D	7	Wisconsin	N	W	3-0
D	8	Nebraska	A	L	1-3

University president Dr. Graham Spanier and his daughter Hadley are both Penn State volleyball fans.

1989: 34-7, 8-0 ATLANTIC 10

S	1	Cincinnati	H	W	3-0
S	2	Villanova	H	W	3-0
S	2	Indiana	H	W	3-0
S	3	St. Bonaventure	H	W	3-0
S	3	Lehigh	H	W	3-0
S	8	Purdue	A	W	3-0
S	9	San Jose State	N	W	3-2
S	9	Colorado	N	L	2-3
S	15	UCLA	N	L	1-3
S	16	Texas	N	L	2-3
S	21	Florida	H	W	3-0
S	22	New Mexico	H	L	1-3
S	23	W. Michigan	H	W	3-0
S	29	Massachusetts	A	W	3-0
S	30	Rhode Island	A	W	3-2
O	1	Connecticut	N	W	3-0
O	6	George Washington	A	W	3-0
O	7	William & Mary	N	W	3-0
O	8	George Mason	A	W	3-0
O	11	St. Bonaventure	H	W	3-0
O	13	Georgetown	H	W	3-0
O	14	Illinois-Chicago Cir.	H	W	3-0
O	14	LSU	H	W	3-0
O	20	West Virginia	H	W	3-0
O	21	Pittsburgh	A	W	3-1
O	22	Duquesne	H	W	3-0
O	27	Rutgers	H	W	3-0
O	28	Liberty	H	W	3-0
O	28	Temple	H	W	3-0
N	4	N.C. State	A	W	3-0
N	4	Duke	A	W	3-0
N	5	North Carolina	A	W	3-0
N	10	Pittsburgh	H	W	3-1
N	11	Central Michigan	H	W	3-0
N	11	Tennessee	H	W	3-0
N	18	West Virginia	N	W	3-0
N	19	Rhode Island	N	W	3-0
N	24	Texas-Arlington	A	L	2-3
N	25	Texas-Arlington	A	L	2-3
D	1	Illinois	A	L	0-3

1988: 36-4 OVERALL, 8-0 ATLANTIC 10

S	2	Akron	H	W	3-0
S	3	Duquesne	H	W	3-0
S	3	George Mason	H	W	3-0
S	8	South Florida	A	W	3-0
S	9	Florida	A	W	3-2
S	10	Florida State	N	W	3-1
S	10	Texas-Arlington	N	L	0-3
S	16	Michigan	H	W	3-0
S	17	SW Missouri State	H	W	3-0
S	17	Purdue	H	W	3-1
S	18	Providence	H	W	3-0
S	23	Villanova	H	W	3-0
S	24	Maryland	H	W	3-0
S	24	Memphis State	H	W	3-0
S	30	Temple	A	W	3-0
O	1	Rutgers	A	W	3-0
O	1	Northeastern	N	W	3-0
O	7	Rhode Island	H	W	3-1
O	8	Massachusetts	H	W	3-0
O	14	George Washington	H	W	3-1
O	15	N.C. State	H	W	3-2
O	19	St. Bonaventure	A	W	3-0
O	21	Tennessee	A	W	3-0
O	22	Alabama-Birmingham	N	W	3-0
O	22	Eastern Kentucky	N	W	3-0
O	28	West Virginia	A	W	3-1
O	29	Kent State	N	W	3-2
O	30	Duquesne	A	W	3-0
N	4	Pittsburgh	H	W	3-2
N	5	Temple	H	W	3-0
N	5	Syracuse	H	W	3-0
N	10	Illinois	A	W	3-0
N	11	Northwestern	N	L	1-3
N	12	Duke	N	W	3-0
N	19	West Virginia	H	W	3-0
N	20	Rhode Island	H	W	3-0
N	26	San Diego State	N	L	2-3
N	26	Notre Dame	N	W	3-2
D	3	Notre Dame	A	L	1-3

1987: 27-9 OVERALL, 8-0 ATLANTIC 10

S	4	Missouri	N	W	3-0
S	5	George Mason	N	W	3-0
S	5	Northwestern	N	L	1-3
S	11	Central Michigan	N	W	3-1
S	12	Minnesota	N	W	3-1
S	12	Nebraska	A	L	1-3
S	18	Virginia	H	W	3-0
S	19	Villanova	H	W	3-0
S	25	Southern Illinois	N	L	0-3
S	26	Western Michigan	N	L	1-3
S	26	Arizona	A	L	0-3
O	2	George Washington	N	W	3-0
O	3	Central Michigan	N	W	3-0
O	3	North Carolina	N	W	3-0
O	10	Rutgers	A	W	3-0
O	10	Hofstra	N	W	3-0
O	12	NC State	H	W	3-1
O	16	West Virginia	A	W	3-2
O	17	Duquesne	A	W	3-1
O	17	Houston	N	W	3-2
O	18	Pittsburgh	A	L	1-3
O	20	Duke	H	W	3-0
O	23	Massachusetts	H	W	3-0
O	24	Rhode Island	H	W	3-0
O	30	Temple	A	W	3-0
O	31	St. Bonaventure	N	W	3-0
N	7	Cincinnati	N	W	3-1
N	8	Pittsburgh	N	L	0-3
N	13	Pittsburgh	H	W	3-1
N	14	Cleveland State	H	W	3-0
N	14	Syracuse	H	W	3-0
N	21	Massachusetts	N	W	3-0
N	22	West Virginia	N	W	3-0
N	27	Texas A&M	N	W	3-0
N	28	LSU	A	L	2-3
D	4	Purdue	A	L	0-3

1986: 38-5 OVERALL, 7-0 ATLANTIC 10

S	5	Pittsburgh	N	W	3-1
S	6	Cal-Irvine	N	W	3-0
		Providence	N	W	3-1
S	7	Villanova	A	W	3-0
S	11	Eastern Illinois	A	W	3-0
S	12	San Jose State	N	L	0-3
S	13	Missouri	N	W	3-0
S	18	UC-Santa Barbara	H	L	0-3
S	19	Virginia	H	W	3-0
S	20	William and Mary	H	W	3-0
		Wisconsin	H	W	3-1
S	25	North Carolina	A	W	3-0
S	26	Duke	A	W	3-1
S	27	NC State	A	W	3-2
		Colorado State	N	W	3-2
O	3	Maryland	A	W	3-0
O	4	George Washington	A	W	3-0
O	5	George Mason	A	W	3-0
O	10	Rutgers	H	W	3-0
O	11	Hofstra	H	W	3-0
O	17	West Virginia	H	W	3-0
O	18	Duquesne	H	W	3-0
		Kentucky	H	W	3-1
O	19	Pittsburgh	A	W	3-0
O	25	Massachusetts	A	W	3-0
O	26	Rhode Island	A	W	3-0
O	31	Temple	H	W	3-1
N	1	VCU	H	W	3-0
		Pittsburgh	H	W	3-1
N	6	South Florida	A	W	3-0
N	7	Jacksonville	N	W	3-0
N	8	Georgia	N	L	2-3
		Florida	A	W	3-1
N	14	Maryland	H	W	3-0
N	15	Syracuse	H	W	3-0
		Louisville	H	W	3-0
N	16	Villanova	H	W	3-0
N	22	George Washington	H	W	3-0
		Rhode Island	H	W	3-0
N	28	Western Michigan	H	L	1-3
N	29	Tennessee	H	W	3-0
D	4	Wyoming	N	W	3-1
D	12	Nebraska	A	L	2-3

REC HALL

THE ULTIMATE HOME COURT ADVANTAGE

Die hard fans like Clyde "Pops" Work are one of the main reasons why Penn State volleyball is prominent on the national scene year after year.

Serving contests, along with the Nittany Lion, help to keep the crowd involved and noisy the whole match. Last year a Rec Hall-record 5,044 people showed up to root the Lions to victory against Michigan on October 19.

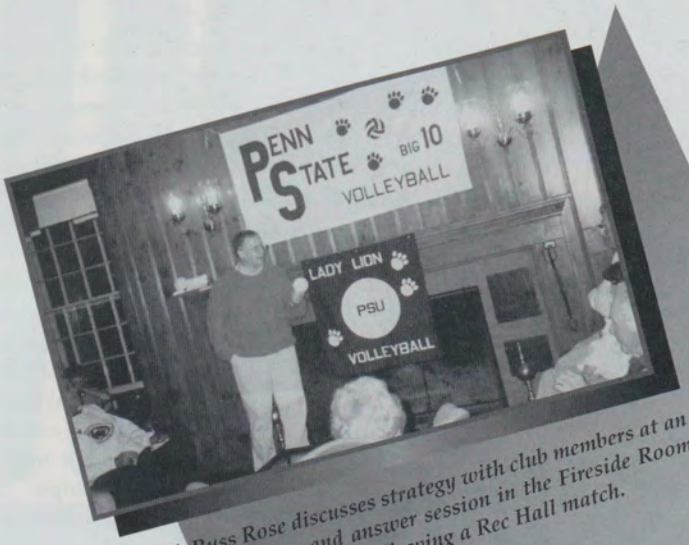
Penn State appeared on TV seven times last year, including a four-game victory over No. 5 Michigan State on November 9 in Rec Hall in front of 3,402 fans. Heather Cox and Chris Marlowe did play-by-play for ESPN2.

Penn State has recorded NINE undefeated seasons at home:

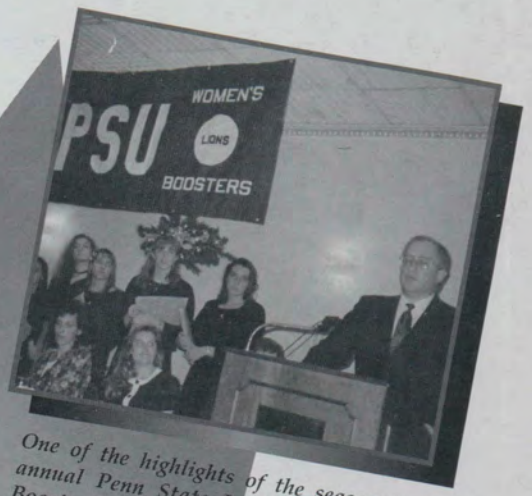
1978	4-0
1981	8-0
1983	12-0
1984	8-0
1985	12-0
1988	19-0
1990	22-0
1992	18-0
1996	17-0

Penn State's fans are a big reason why the Lions are 268-19 (.934) in 21 years at Rec Hall, including a 258-14 (.949) mark in the 18 years that head coach Russ Rose has been at the helm. In addition, Penn State has recorded nine undefeated seasons at home, the last being a 17-0 mark in 1996. Overall, the Lions have won 19 in a row in Rec Hall and have never been defeated in an NCAA Tournament match at home (9-0).

THE BOOSTER CLUB



Coach Russ Rose discusses strategy with club members at an informal question and answer session in the Fireside Room of the Nittany Lion Inn following a Rec Hall match.



One of the highlights of the season is the annual Penn State Lady Lion Volleyball Booster Club Banquet.

The Lady Lion Volleyball Booster Club was formed to promote women's volleyball at Penn State and in the community and to provide support for the student-athletes. The Club sponsors a preseason picnic, a post-season banquet and hospitality events after home matches.

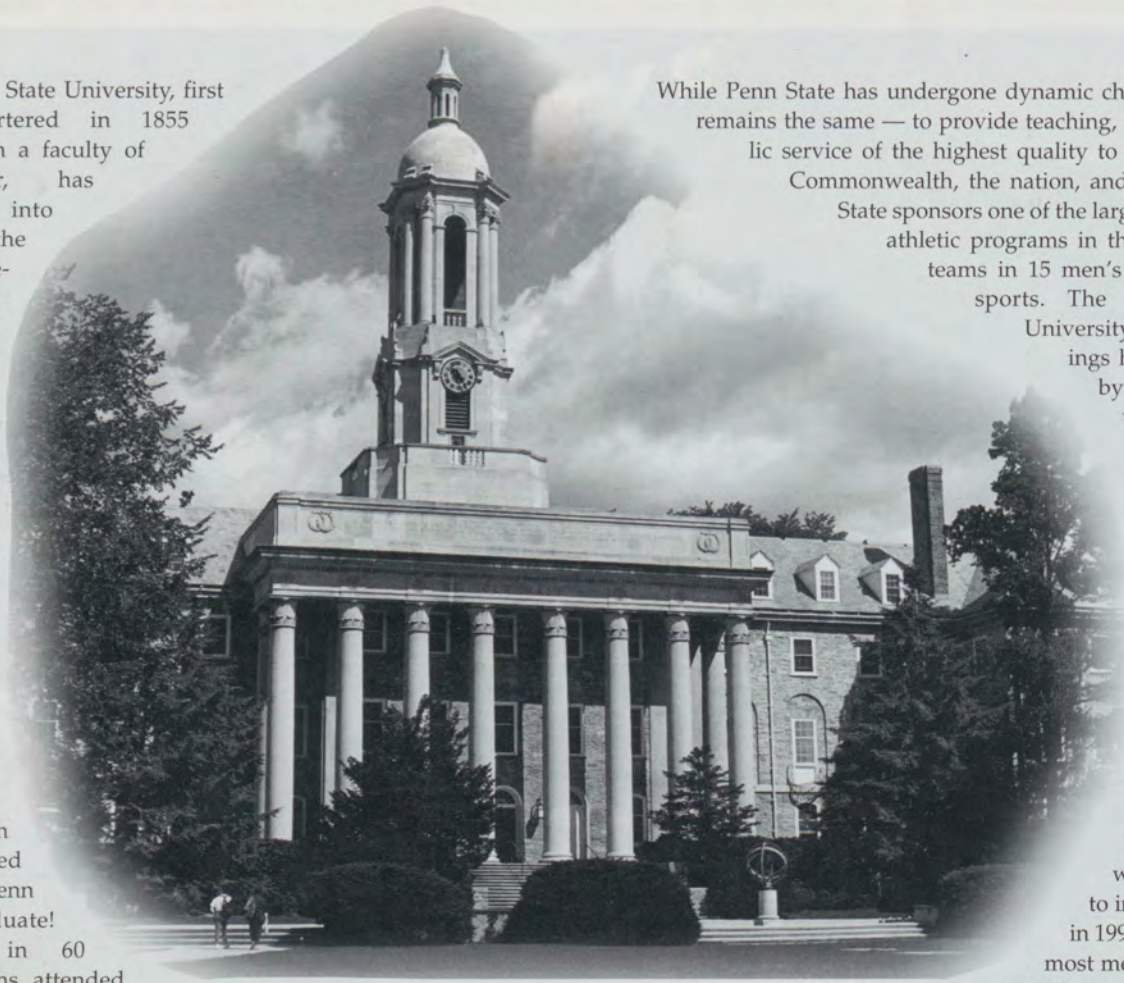
Persons interested in joining the Club may write: Penn State Lady Lion Volleyball Booster Club, P.O. Box 133, State College, Pa. 16804-0133.

Members of the Lady Lion volleyball team and Club members enjoy socializing at the Nittany Lion Inn after a Big Ten match.

Past-president Don Widener displays one of the plaques presented to each senior at the annual Club banquet.

Tom Tait, the first coach of women's volleyball at Penn State, presents coach Russ Rose with a recognition award at the Club banquet.

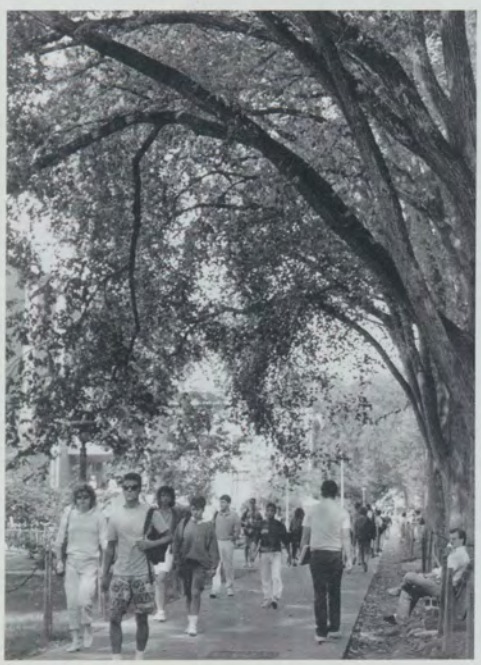
PENN STATE



Penn State University, first chartered in 1855 with a faculty of four, has developed into one of the nation's preeminent institutions of higher learning.

Since its inception, Penn State has conferred nearly 410,000 degrees. The University has 377,745 living alumni, which means one out of every 775 people in the United States is a Penn State graduate! And one in 60 Pennsylvanians attended Penn State. Nearly 69,000 students are involved in undergraduate and graduate studies at the University Park campus and Commonwealth Campuses throughout the state.

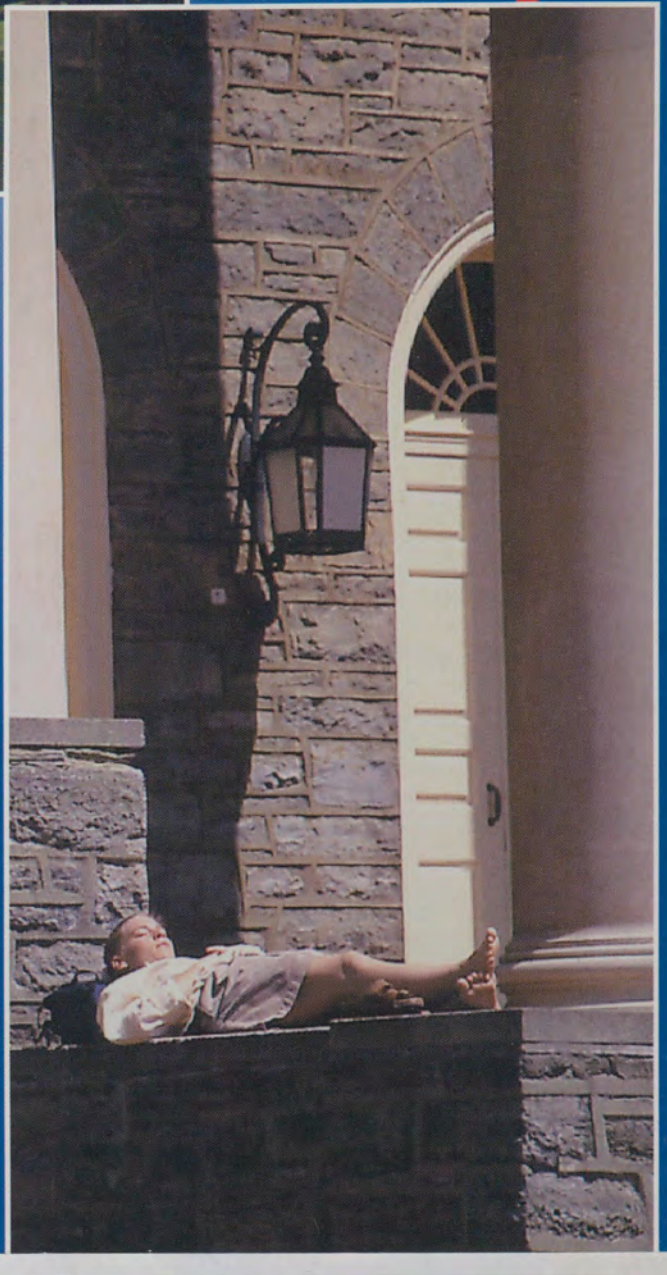
The University Park core campus sits on nearly 5,000 acres of land, of which more than 500 acres are devoted to classrooms and office buildings, residence halls, laboratories and other uses, totaling 375 major buildings. The campus, surrounded by the town of State College, rests in the Nittany Valley in the picturesque mountains of Central Pennsylvania.

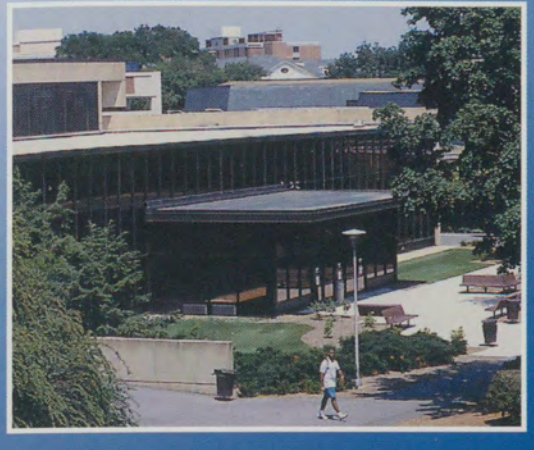


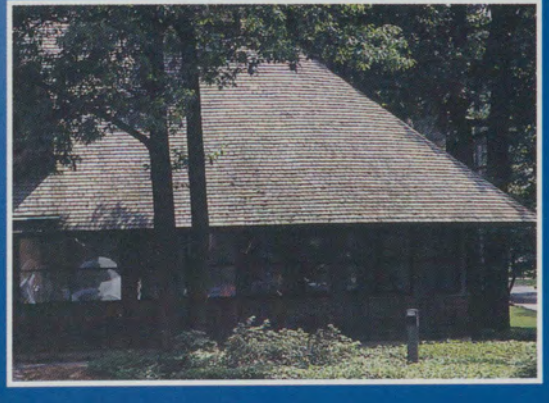
While Penn State has undergone dynamic changes, its mission remains the same — to provide teaching, research and public service of the highest quality to the people of the Commonwealth, the nation, and the world. Penn State sponsors one of the largest intercollegiate athletic programs in the nation, fielding teams in 15 men's and 14 women's sports. The breadth of the University's athletic offerings has been matched by a generous harvest of national, regional and conference championships for the men and women who wear the Blue and White.

The Nittany Lions and Lady Lions compete in the prestigious Big Ten Conference, which expanded to include Penn State in 1990. As the Easternmost member, Penn State provides a conference presence in the huge population and media centers of the Northeast, expanding both the reach and prestige of the Big Ten's athletic and academic programs.

The Penn State campus lies in the shadow of the legendary Mt. Nittany in what is affectionately known as "Happy Valley."







HAIL TO THE LION,
LOYAL AND TRUE.
HAIL ALMA MATER,
WITH YOUR WHITE AND BLUE.
PENN STATE FOREVER;
MOTHER OF MEN & WOMEN.
FIGHT FOR HER HONOR
– FIGHT –
AND VICTORY AGAIN.